

## LAPLAGNERESORT.COM

#### TRAVEL AGENCY

#### Book your holiday in La Plagne directly through our on-line travel agency.

A single address for all your holiday needs: www.laplagneresort.com

- Accommodation
- Transport (train & plane) & transfers
- Ski Pass
- Activities
- Ski lessons
- Equipment rental

A LA PLAGNE EXCLUSIVE!













#### LA GRANDE PLAGNE **TOURIST OFFICE**

Tel: + 33 4 79 09 02 01 info@la-plagne.com

#### LA PLAGNE RESORT

Tel: + 33 4 79 09 79 79 info@laplagneresort.com www.laplagneresort.com













## **CHAMPAGNY EN VANOISE**

The guide for your holidays WINTER 2021/2022





CHAMBERY | ALBERTVILLE | ECHIROLLES SEYNOD | VILLE LA GRAND

Consommations mixtes de la gamme KONA Electric (kWh/100 km): 150-15,4 Émissions CO: (g/km): 0. Consommations mixtes (kWh/100 km):  $127-154 \text{ Consommations mixtes de la gamme SANTA E (<math>k/100 \text{ km}$ ): k/100 km): k/10uniquement aux véhicules Hyundai vendus initialement par un Distributeur Agréé officiel Hyundai à un client final, conformément aux termes et conditions du carnet de Garantie Entretien & Assistance du véhicule. (3) Les batteries haute-tension de nos véhicules KONA Electric, TUCSON Hybrid et SANTA FE Plug-in sont garanties 8 ans ou 160 000 km. Détails : hyundai.fr Just Drive ! : Conduire, l'esprit libre !





































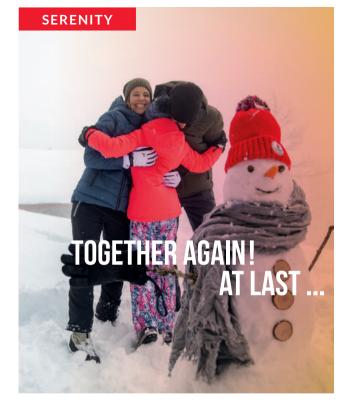












## An unforgettable holiday, this year more than ever

This winter, the pleasure of seeing you will be even greater than in previous seasons.

We cannot wait to see you racing down the slopes with your friends and family and are already imagining you around the table enjoying a fondue or a raclette made with local products, or watching the progress of your children who will be taking a snowflake or star badge home at the end of the holiday.

For those of us whose job it is to craft and create your holiday and whose main aim is to welcome you here to share our love of the mountains, it will be a great moment when we are able to open our doors once again.

It is with real feeling that we say to you:

- Thank you for trusting us and letting us help to create your memories
- $\, {\scriptstyle \smile} \,$  Thank you for sharing all these moments with us.
- ~ Thank you for coming (back) to see us...

You are at home here.

We would ask everyone to follow the rules that we have all already adopted



Face masks must be worn



Hand sanitizer gel at your disposal



Physical separation



Surfaces and equipment disinfected



Seated service only





This winter, Champagny en Vanoise will be celebrating 50 years of unforgettable memories and will launching the next 50 years of emotions to be experienced by future generations.

Come and celebrate this mountain heritage with us.



## **Tourist office of La Plagne** Champagny en Vanoise



7 Place du Centre Champagny en Vanoise



Monday, Tuesday, Wednesday, Thursday, Saturday and Sunday (during the Christmas and February holidays): 9am - 12.30pm / 2.30 - 6.30pm

Friday:

9.30am - 12.30pm / 2.30 - 6.30pm

Public holiday & Sunday (except during Christmas and February holidays):

9am - 12pm / 3 - 6.30pm



Tel: +33 (0)4 79 55 06 55 info.champagny@la-plagne.com www.champagny.com

#### Our services

- 30mn free wifi connection per day
- Hippocket wifi box rental by the day and more: private high speed wifi network.
- Photocopies and scanning
   Lost and found

#### At your disposal

- Weather information, tracks opening.
- Weekly entertainment program
- Map of the alpine and cross-country ski slopes, snowshoes
- map of the resort
- Information screens









La Plagne official Gift shop Discover our shop



#### CHAMPAGNY CELEBRATES 50 YEARS OF CONNECTION WITH LA PLAGNE

Winter 1970/71: the elected representatives of the village chose to create a chairlift link with the La Plagne ski area!

It marks the starting point of a real tourist boom. To celebrate this event. animations and surprises punctuate this winter season...







Special 50th in the evening. Tuesdays 21st, 28th December 8th, 15th, 22nd February, 1st March



Free



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#### CHRISTMAS ATMOSPHERE

The magic of Christmas settles in Champagny en Vanoise. Santa Claus will be there! Music and jugglers animate the centre of the village.



Snow front - Center square Champagny Village



December 24th, 2021



To celebrate the New Year, we have concocted some surprises to fill your eyes...



Snow front - Center square Champagny Village

December 31st

In the evening



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#### LES FILMS D'EN HAUT

Discover the world from above through Mountain Film screenings.



Village hall Champagny Village



8.30pm on Wednesday January 5th, 12th, 19th & 26th February 2<sup>nd</sup> March 9th, 16th, 23rd









#### THE RAVETHUS RACE

Ski touring race by night, part of La Plagne Challenge. New, 2 formulas: leisure (2,5km & 350 vertical drop), competition (8.3km & 780 vertical drop). These 2 courses are exclusively offpiste. Hot meal at the finish. Open to all (depending on category).

- Ski touring introduction Eauipment test
- Musical entertainment

Also...

- The slalom stadium (1900m)
- January 15th (or 22nd January if postponed) From 10am
- Leisure option: 7€ Tournament option: 12€
- + 33 (0)4 79 55 06 55 info.champagny@la-plagne.com www.champagnv.com

#### LA GORZDERETTE Relax, it'll be alright!

A unique event, unusual and now legendary! Multi-tournament around the tower

of ice. Open to everyone.

- Le Canada Champagny le Haut
- January 28th, 29th & 30th
- 40€/pers. (or 45€/pers. from 15/01)
  - gorzderette@gmail.com www.gorzderette.com

#### SUPER SLALOM

Fun and playful challenge with an introduction to parallel slalom. On the program: vellow and black pickets, music and good mood. Slalom open to all!

- Rossa slope
- February 1st, from 10am to 4pm
- + 33 (0)4 79 55 06 55 info.champagny@la-plagne.com www.champagny.com

#### FRENCH MASTER **CHAMPIONSHIP**

Come and cheer on the champions at the 2 national Nordic skiing events.

Nordic area Champagny le Haut

- February 5th & 6th

Spectator access: Free

#### **NORDIC DERBY BY NIGHT**

Friendly skiing race taking place in the dark. Supplies offered! Maximum distance (depending on category): 4km. Open to everyone, adults & children. licensed or not. Awards for each category.

- Nordic area Champagny le Haut
- February 16th In the evening
- Free to 6€, depending on age
- +33 (0)479221274 www.champagny.com

#### MARATHON DU GRAND BEC

On Champagny-le-Haut vallev. national and popular Nordic ski race in free style (classic or skate skiing) on several distances: 42km to 1,5km for the voungest.

Race registered in the national calendar of the French Ski Federation.



Nordic area Champagny le Haut



February 27th



Spectator access: free

+ 33 (0)4 79 55 06 55 www.marathondugrandbec.com

#### SHROVE TUESDAY -CARNIVAL

Great day of festivities on the theme of the 70's: entertainment, make-up. show.

Sale of cakes, sweets & drinks for the benefit of the association to overcome cystic fibrosis..

- Center Square Champagny Village
- March 1st, 2021

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#### **FOREST DAY**

Forest treasure hunt and awarenessraising on the theme of the forest. Animation in partnership with the Forest National Office.

Unusual meetings on the key summits

La Plagne ski area

From 13th to 18th April

Free (lift pass not included)





March 23rd

SUBLI'CIMES

of the ski area!



#### Meeting place at Center Square Champagny Village

**WASTE COLLECTION** 

Waste collection in the village

followed by a special zero waste

snack. Bags and gloves provided.

Do you care about the environment?





#### EASTER

In the village, egg hunt open to children from 3 to 10 years old.

April 18th

2€/ child

+ 33 (0)4 79 55 06 55

info.champagny@la-plagne.com www.champagny.com



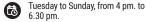
Unique in France!

Live the Olympic experience! 3 experiences for 3 thrill levels!

#### **Bob Raft**

#### ASS, BOB LUGE SKELETON

Looking for fun with friends or family? Why not trying this unique self-piloted, selfbracking vehicule! 4 passengers descending at around 80km/h equals an amazing experience close to the ice.



48€ per person Minimum age 14 or height 1.30m

nday, from 4 pm. to

Tuesday to Sunday, from 4 pm. to
6.30 pm.



112€ per person - Minimum age 16

#### Speed Luge

#### ASS, BOBILUGE SKELETON

Half-sitting, half-lying, settle into our specially-designed luge for a descent at 90km/hr with a completely unrestricted view of the track. A once-in-a-lifetime experience!

#### **Bob Racing**

#### ASS, BOB LUGE SKELETON

Track - La Roche

33(0)4 79 08 82 23

bobsleigh@la-plagne.com www.bobsleigh.net

If you're up for a real challenge ...
Take a seat behind a professionnal
for a descent of up 120km/h.
You're in for a heady mix of speed,
and adrenaline that will give you
a taste of a real competition run.
Unforgettable sensation!



Wednesday, Thursday, Saturday & Sunday, from 5 pm.



128€ per person Minimum age 16 unless contrain-

#### **Ice Tower**

Champagny le Haut

# SELF SUFFICIENT CLIMBING ON THE ICE TOWER

Artificial structure of 24m high, offering various practical difficulties.



Le Canada Champagny le Haut



Everyday from 12pm to 4.30pm



Access for independent climbers; on sale at the cross-country chalet

1/2 day:

-10,50€/adult - 6€/child\*

Season:

-70€/adult - 35€/child

\* from 6 to 16 years old



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#### ICE CLIMBING WITH A GUIDE

Come and discover ice climbing on the superb ice tower with a high mountain guide. Alone, with family or friends, you will live an unforgettable «frosty» experience.



Le Canada - Champagny le Haut



Tuesday & Thursday evening. Duration: 2h.



50€ / pers - 45€/pers. from 4 pers. and more From 10 years old. Including equipment loan.

Limited places.



+ 33(0)6 89 93 65 19 - damiensouvy@orange.fr

8 dication







**PERSONALISED** 



TOP-UP



## A mountain of stuff on your phone



#### **Download Paradiski YUGE**







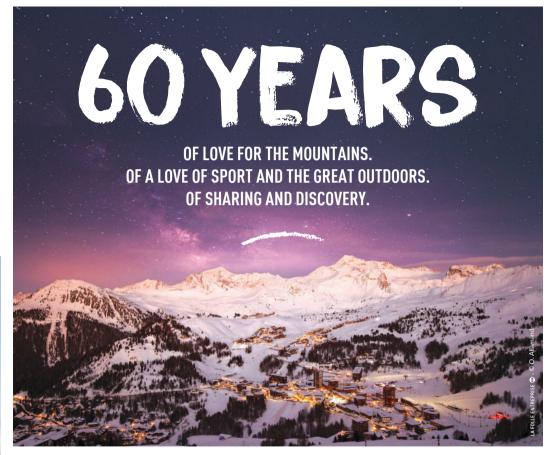


Pour vous tenir au courant des

**REJOIGNEZ-NOUS** 







In December 2021, La Plagne will be celebrating 60 years of unforgettable memories and launching the next 60 years of emotions to be experienced by future generations. Come and celebrate this mountain heritage with us.



#### **SKI PASS**

Paradiski from 18/12/2021 to 22/04/2022 - La Plagne & Villages from 18/12/2021 to 23/04/2022. For other dates, see all our prices on www.skipass-laplagne.com

### FORFAIT PARADISKI"



## FORFAIT LA PLAGNE®



### 1 day

Adult 13/64 years

Child 5/12 years (2)

### 6 days

Adult 13/64 years

Child 5/12 years (2)

260€ /pers.

### 1 day

Adult 13/64 years

Child 5/12 years (2)

## 6 days

Adult 13/64 years

Child 5/12 years (2)

#### per pass on first purchase for compulsory ski card, rechargeable and non-refundable

(1) + €1 per pass on first purchase for compulsory ski card, rechargeable and non-refundable. Public prices incl. VAT in euros not including insurance and cost of ski pass card, Multi-day passes valid for 2 or more days; consecutive days' skiing. Other prices: details in our ski pass offices.

at the time of purchase and may be requested anywhere in the ski area.

The applicable age is the age on the first day of validity of the ski pass. When an adult is found to be using an invalid ski pass (e.g. the wrong age group), the fixed penalty charge payable is €160. For details see the general terms and conditions of use available from ski pass offices.

(2) For child, senior and family reductions proof of age must be provided





### LESPACKS >>>>>>>>









#### Valid for the La Plagne and Paradiski passes from 6 to 15 consecutive days.

DUO: Save €10 on each of the two passes in TRIBU: Save €15 per pass making up the pack. the pack. 2 people of any age group (adults/ children/or seniors). Valid for the La Plagne and Paradiski passes from 6 to 15 consecutive days purchased with payment made in full in one transaction for identical ski passes (same duration and ski area).

3 people of any age group (adults/children/ or seniors). Valid for the La Plagne and Paradiski passes from 6 to 15 consecutive days purchased with payment made in full in one transaction for identical ski passes (same du-nimum of 2 persons aged 5 to 17 years.

FAMILLE: Save €30 per pass making up the pack. When purchasing 4 ski passes in the same transaction (a minimum of 6 days of the same duration and within the same ski area), including 2 persons aged 13-74 years and a mi-



La Plagne gives you a free 1/2 day skiing!





The principle is simple: the more you ski, the more points you earn. Enter your ski pass number in your Edenski account and you'll automatically be credited with points for each purchase, whether it's online or in resort. You can then exchange your points for gifts. Other surprises await you, such as special events and exclusive meetings to share current news and discover your favourite ski area in a different manner!

Sign up on www.edenski.com



### French Ski School



Whatever your age and level, the ESF instructors offer you alpine skiing, cross country skiing, snowboarding, freestyle, telemark, off-piste, ski touring ... in group lessons, courses, private tuitions or private lessons.



438 rue des Hauts du Crey Champagny Village



+33 (0)4 79 55 06 40 info@esf-champagny.com www.esf-champagnv.com

#### BIATHLON

Family, friends, come and try Nordic skiing combined with shooting sports in safe and fun wav.



Snow front Champagny Village



Every Tuesday evening



10€/session (1 hour). From 7 years old



ESF + 33 0(4) 79 55 06 40 info@esf-champagny.com www.esf-champagnv.com

### COUNTRY & SNOWBOARDING **GROUP LESSONS**

The ESF of Champagny offers a wide choice of courses for children (from 3 years old) / teenagers (from 13 yéars old).



Alpine skiing: from 130€/ pers. 6 1/2 days Cross-country: 110€/ pers. 5 ½ days Snowboarding: from 180€/ pers. 6 1/2 days

#### GROUP LESSONS + SKI PASS

Enjoy a special rate with the formula: group lessons + ski pass. Only for beginner level: 1st star/1st Class / 1st Snowboard.



From 219€/week

#### PRIVATE LESSONS

In the discipline of your choice: alpine, cross, snowboard, telemark, snowscoot ...

1 or 2 people, it is the choice of a personalized teaching.



From 46€/hour.

#### TELEMARK

Are you attracted by the aesthetics and gestures of telemark, or simply curious to try this sport?



From 46€ in private lesson

#### SKT OPEN - ELÈCHE & CHAMOTS

Participate in a real timed ski race on the Champagny slalom. Your performance will allow you to integrate the national ranking «open ski» of the ESF.



Flèche: Thursday at 1pm Chamois: Friday at 1pm. Only during the Christmas & February French holidays



8€ / booking

#### PRIVATE SESSION

Ski with «vour» instructor for courses to suit all demands (technique. discovery area, ski with family or friends, free ride, ski touring ...)



From 115€ / 2h tuition (from 3 pers. & more)

#### TEAM RIDER COURSE

Skiing in its most varied forms (children/teens) An alternative to the competition and freestyle for young skiers who had their golden star. The content of this group lesson is also defined according to the expectations of young people (track, carving, technique, free ride, snow park, "fèche" or "chamois" ...)



Only during the Christmas & February French holidays



From 190€ / pers. 6 ½ days Required level: «gold star»

#### FREESTYLE CAMP COURSE

For unforgettable moments in the E.S.F or La Plagne snowpark. On skis or snowboard, it is the insurance to learn or improve in maximum security conditions and discover new sensations. Trv: Backcountry, snowpark (big air, box, kicks, rails, air bag ...), flat ...



Only during the Christmas & February Frech holidays



235€/pers. 6 1/. days minimum level: « étoile de bronze » & « 2nd snowhoard»

#### COMPETITION COURSE

An intensive weekly course of 4 hours per day where it sharpens for Flèche and Chamois



Only during the Christmas & February French holidays



250€/pers. Required level: «gold star»



### TEAM EXPLORER COURSE

For children who want to extend their knowledge of the mountains and be adventurous.

- Wednesday: Igloo building
- Thursday: introduction to avalanche transceivér search
- Friday: fun snowshoeing.



Only during French holidays



110€ 3 <sup>1</sup>/<sub>2</sub> days, from 2 to 5pm Level required: 1st star acquired For children from 8 to 12 years old

#### SKI CHAIR & HANDISKI

Non-skier? Explore the ski area accompanied by an instructor and comfortably seated in a «ski chair». For people with impaired or blind vision, reduced mobility or mental health problems, the instructors teach alpine and cross-country skiing lessons.

Specialized Tandem and Dual ski eauipment is used to allow the practice of skiing in the best conditions.



From 30€ / 1/2 hour (ski pass not



# Rental of ski & equipment

- Alpine ski & shoes (1) (2) (3) (4) (5)
- Mini-skis (1) (2) (3) (4) (5)
- Snowboard ski & shoes (1) (2) (3) (4) (5)
- Cross country ski & shoes (2) (3) (4) (5)
- Ski touring ski & shoes (2) (4) (5)
- Security pack (shovel-probe-DVA) (2) (4) (5)
- Snowshoes (1) (2) (3) (4) (5)
- Snowscoot (1) (5)
- Split Board (2) (4)
- Sledge (1) (2) (3) (4) (5)
- Baby carrier (1) (2) (3) (5)
- Pushchair (1) (2) (5)

#### (1) Alpina Ski Shop

+ 33 (0)4 79 01 06 30 www.belvedere-sports.sport2000.fr

#### (2) Belvédère Sports - Sport 2000

+ 33 (0)4 79 55 05 45 www.belvedere-sports.sport2000.fr

#### (3) Intersport

+ 33 (0)4 79 55 07 36 www.champagny.laplagne-intersport.com

#### (4) Skimium

+ 33 (0)4 79 55 07 40 www.skimium.com

## **(5)** Ski Shop Vanoise - Ski Set + 33 (0)4 79 55 05 92

www.skiset.com/station-ski/champagny



## Ski touring & off-pistes

Conquer the peaks and discover panoramas to the strenght of legs by catching up with climbing skins, then skiing down to the village: it's the ski touring.

## MARKED ROUTE «LA PORCIÈRE»

Start: Champagny village - 1250m Distance: 6km vertical drop: 930m (arrival: 2180m) View over the Grand Bec and the Vanoise glaciers.

Possibility skiing down by the red slope of the «Mont de la Guerre».

#### **OFF-PISTES**

From off-pistes introduction to the discovery of the most beautiful Plagne Paradiski itineraries.
Come and make your mark on the

Come and make your mark on the famous off-piste of the «Cul du Nant», the «Frêtes», the «Mont de la Guerre» but also the north face of Bellecôte, the Aiguille Rouge...

Ski touring itineraries from resorts: TOPO available at the tourist office



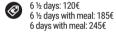
### Kids

#### «LES CABRIS» NURSERY

From 18 months (from 3 months off French school holidays Christmas and February) to 6 years - inside and outdoor activities, no ski.







+ 33 (0)4 79 55 05 37 info@esf-champagny.com www.esf-champagny.com

#### **BABY SITTERS**

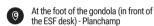
A list is available at the Tourist Office.



KIDS & THE ESF (see p. 14-15)

#### «PIOU-PIOU» KINDERGARDEN

To learn to ski while having fun and discover the joys of skiing, the Piou-Piou club welcomes the youngest (3 to 5 years old)









#### KID SLED (see p.21)

#### CARVED SNOW GROTTO

This winter, Vikings are in the spotlight!



Le Bois Champagny le Haut



+ 33 (0)4 79 55 06 55 info.champagny@la-plagne.com www.champagny.com

#### SLEDGE AREA

Located close to the start of the cross-country trails in Champagny le Haut, it is maintained and secure.



Le Bois Champagny le Haut



Everyday. Possible access by free shuttle bus (see page 32)

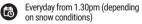


Free

#### COLORADO SLEDGE & snooc

To get the most out of your experience, ride more than 1500 meters on the Colorado slope

Colorado chairlift Plagne Centre



1 descent: 10€ 5 descents: 40€ Sledge and helmet provided. minimum size 1m40.

PONY SLED & PONY RIDE (see p.21)







### **Cross country area**

24kms of marked and maintained ski runs for those who love all types of cross-country skiing in Champagny le Haut area.

22 reading signs on all the trails which present several subjects: wildlife, architecture. local life.

#### MORε

Access by free shuttles: Champagny Village to Champagny le Haut (le Bois - Nordic area): information page 32.

With the purchase of a the 6 consecutive days package in the Nordic area of Champagny, possibility to ski one day (during the validity of the ski pass) in the Pralognan la Vanoise Nordic area.

#### CROSS COUNTRY AREA

Le Bois Champagny le Haut



Everyday from 9am to 5pm



Passes on sale in the chalet at the starting point of the slopes «Le Bois» Free - 6 years and + 75 years old. - half-day pass (9am-2pm & 12-5pm) 7,50€

- day pass:
- 8,50€ /adult 5,70€ /child & senior\*
  -week pass:
- 32€ /adult 17,50€ /child & senior\*
   Champagny season pass:
  55€ /adult 30€ / child & senior\*
   Day ticket 50% (person with departmental card): 4.60€
- Nordic National Pass: 210€ / adult 75€ /child\* Nordic Pass Savoie: 140€ /adult 52€ /child\*
- \* child: from 6 to 16 years old senior: from 70 years old

+ 33 (0)4 79 22 12 74 champagny-le-haut@orange.fr www.champagny.com

#### «NORDIC FRANCE» LABEL

The cross country skiing areas of Savoy, including Champagny le Haut, are especially attached to the quality of the services offered to the clients.

Besides the improvement of the slopes maintenance and marking out, they get down to develop the quality of the skiers' greeting. The cross country skiing area of Champagny le Haut is member of this label.

CROSS COUNTRY LESSONS (see p. 14)



### **Nordic Experience**

## SKI JOERING & HORSE RIDING

Activities for the whole family, combining horse (and pony!), snow and sliding.

Come and discover new sensations with ski joëring (towed skiing), pony sledding or an horse initiation followed by a ride or initiation to pony on the snow!

#### Le P'tit Ranch



Le Bois Champagny le Haut



Every day except Saturday.



Ski-joëring initiation (requires 1st star level & from 7/8 years old): 35€/30mn

Horse riding: 38€/1 hour

Pony sled (15mn): 17€ for 1 child & 23€ for 2 children Introduction to the pony or horse: 22€/30mn Stroll in hand: 13€/20mn



Sophie BOEHLER + 33 (0)6 89 78 15 64 leptitranch73@gmail.com

#### DOG SLEDDING

Mickaël, musher, takes you for a sleigh ride (about 30mn) on the valley of Champagny le Haut with 1 team of 9 dogs.

#### Génération Musher



Le Bois Champagny le Haut



2 times a week (depending on snow conditions)

Booking required (limited placescompulsory glove and mask) 2 adults or 1 adult and 1 child -10 years old: 100€. 2 adults & 1 child -10 years old:

2 adults & 2 children - 10 years old: 160€.

₹

Mickaël FADIF + 33(0)6 46 84 58 29 contact@generationmusher.com

#### KID SLED

Apprentice mushers will be introduced and learn the basic technics on a sleigh pulled by 1 or 2 dogs during 1 hour.

#### Génération Musher



Le Bois Champagny le Haut



During French school holidays



Booking required (limited places) compulsory glove and mask 50€/child (from 8 to 12 yrs)



Mickaël FADIF + 33(0)6 46 84 58 29 contact@generationmusher.com



#### ATR VANOTSE PARAGITIDING

- On skis, start from the summit of Les Verdons, Access from Les Verdons & Lovatière chairlits
- Every day according to ski lift schedules and weather conditions

Discovery flight (650m of altitude difference): 75€

- Intermediate flight: 100€ Bia fliaht: 130€ Photo/video option on SD card.
- Antoine MERCIER + 33 (0)6 85 37 25 85 bytonyo@hotmail.com www.air-vanoise.com

#### TIP TOP BLEU CIEL PARAGLIDING

- On skis, start from the summit of La Rossa
- Every day according to ski lift schedules and weather conditions
- Discovery flight (450m of altitude difference): 60€ Big flight (1000m of altitude difference): 100€
- Stéphane JOUBERT + 33 (0)6 84 81 28 05

#### ESF PARAGLIDING

#### CAPTIVE HOT-AIR BALLOON FI TGHT

An unforgettable activity...Held on the ground by ropes, the balloon rises. offering a breathtaking view over the valley of Champagny le Haut.

Le Bois Champagny le Haut



Every Thursday, from 2pm to 4pm



17€/pers. Duration: 5mn. From 6 years old. Booking required (depends on weather conditions)



Tourist Office + 33(0)4 79 55 06 55 info.champagny@la-plagne.com www.champagny.com

#### CARVED SNOW GROTTO

This winter, Vikings are in the spotlight!



Le Bois Champagny le Haut



+ 33 (0)4 79 55 06 55 www.champagny.com

#### OLYMPIC ICE RINK

Created for the 1992 Olympic Games, the 30 x 60 m ice rink is one of the largest in the region. After a day of skiing, the pleasure of sliding continues with skates on, in the footsteps of Surva Bonaly, triple vicechampion of the world!

Ice Garden: for a gentle learning experience, a fun and protected area every Tuesday afternoon during the school holidays.



Le Cristal - Vanoise sports centre Pralognan la Vanoise (10 km)



18/12 to 18/04, every day from 3pm to 7pm Night-time 9pm - 11pm on Tuesday & Thursday

Admission (without skate rental): 4 50€/adult 3.50€/ child (- 13 years old) Free: child - 5 years old Ice skate rental: 4€

17€/ 5 admissions\* card without ice skate rental 34€/ 5 admissions\* card with ice skate rental \* named card

+33 (0)479 087488

### Walks

#### WALKS & SHOWSHOES WALKS

Champagny Village:

3 itineraries in the forest with a dominant view over the village.

Top of the gondola\*:

snowshoes walk with remarkable view over the glaciers.

Champagny le Haut:

4 snowshoes walks and 2 walks on the



Free access. Walking poles recommended

\* Pedestrian ticket: from 8€/pers. by gondola.



### Snowshoes and walking tours

#### TREX OBSERVATION

With a guard from the Vanoise national Park, observe the ibexes with a telescope.

Friburge (access by foot, snowshoes or cross country skis) Champagny le Haut

9. 16. 23/02 & 02/03. from 10am to 12pm

Free (cancelled if bad weather moved to the cross-country ski chalet in case of avalanche risk)

Tourist Office + 33(0)4 79 55 06 55 www.champagny.com

> TOPO available at the tourist office

#### SNOWSHOES WALKS WITH THE ESF

Put on your snowshoes and discover the richness of Savov's heritage with an ESF instructor.



From Monday to Friday.

Prices hikes (excluding equipment and transport) per person 2h:25€ 2h30:29€

3h:33€ 4h:41€ Night hikes with traditionnal meal 45€/pers. 30€/child (under 13 yrs)

ESF + 33 (0)4 79 55 06 40 info@esf-champagny.com

#### MONTAIN GUIDE

In winter, half-day or full-day snowshoe outings, adapted to your wishes and the conditions. At the gateway to the Vanoise National Park, the snowshoe trails offer magnificent views.

#### Matthieu RONDOUIN



1/2 day: 25€/person Dav: 50€/person 1/2 day with a private guide: 170€ Day with a private guide: 290€



+33 (0)6 87 28 20 04 www.phene-outdoor.fr

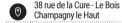
www.pralognan.com info.champagny@la-plagne.com www.esf-champagny.com Walks & snowshoes walks:

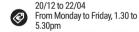
ESF + 33 (0)4 79 55 06 40



#### VISIT OF THE «ESPACE **GLACIALIS»**

This museum reveals the secret life of glaciers. A journey to the top, served by an interactive scenography, which will certainly not leave you cold!







Espace Glacialis + 33 (0)4 79 01 40 28 Town Hall + 33 (0)4 79 55 03 80 patrimoine@mairie-champagny.fr https://espaceglacialis.fr

#### ON THE TRACK OF THE GIANTS OF ICE

Guided tour of the Espace Glacialis then put on your snowshoes and head off for an easy outing in Champagny le Haut, accompanied by an ESF instructor.

Return to the Espace Glacialis for a hot drink and possibility to continue the visit.

Champagny le Haut

Every Monday, from 1.30 to 4.30 pm, from 20/12 (depending on snow conditions)

27€/pers. (equipment rental not incuded)

Espace Glacialis + 33 (0)4 79 01 40 28 ESF + 33 (0)4 79 55 06 40 Tourist office +33 (0)479 55 06 55 https://espaceglacialis.fr

#### CINEMA

Eniov an evening at the cinema. Ideally located and offering a diverse programme.



Le Centre Champagny Village



From 17/12 to 19/04 6 pm & 9pm. Additional session at 3pm in case of rain or snow (min. 5 pers.). Every day except Saturday.



8€ /adult 4,50€ /- 14 years 35€ /6 admissions card 6.50€/student



+ 33 (0)9 67 26 12 73 Programm on the website: www.allocine.fr

#### LIBRARY

Wide choice of books & magazines for all with regular purchases of newly published novels.

Ground floor of the village hall





+ 33 (0)4 79 22 14 08 https://bibliochampagnv.wixsite

### **Guided visits** & discovery

#### new

#### SENSORY TOUR: ALL YOUR SENSES ON THE ALERT!

Take part in an original and unique discovery of Sayovard baroaue art with a guided tour of the Planay chapel. following the five senses route. First, a stroll around the chapel outside, then a visit inside, step by step, between light and shadow, the smell of incense and baroaue music, projection of an animated film «Nuit d'or» (Golden Night) to tell the story of a mountain altarpiece in an original and dynamic way. A visit full of surprises and magic to leave with a baroaue spirit!

Champagny Village



Tuesdays 1/02 & 15/03, from 5.30pm to 7pm Booking at least the same day before 12pm (min. 5 pers.)



5€adult 3€/child (6 to 13 years old)



Tourist office + 33 (0)4 79 55 06 55 info.champagny@la-plagne.com www.champagny.com

#### CHAMPAGNY UNDER THE STARS WITH TORCHES IN THE HAND

Take a walk through the village centre, from the traditional hamlet of Le Crev to the baroaue church by torchlight. An original and surprising visit with a guide from the Facim foundation, a local art and history



21 & 28/12 from 4.30pm to 6pm 8, 15, 22/02 & 2/03 from 5.30pm

Booking at least the same day before 12pm (min. 5 pers.)



5€adult 3€/child (6 to 13 years old)



Tourist office + 33 (0)4 79 55 06 55 info.champagny@la-plagne.com www.champagny.com

#### CHAMPAGNY LE HAUT. MOUNTAIN THE ES AND **FANTASY STORIES**

With a guide, discover the Champagny le Haut valley, a classified site and let yourself be surprised by the art and way of life at altitude!



Le Bois Champagny le Haut



Tuesdays 12 & 19/04, from 2.30pm to 4 30nm Booking at least the same day before 12pm (min. 5 pers.)



5€/adult 3€/child (6 to 13 years old)



Tourist office + 33 (0)4 79 55 06 55 info.champagny@la-plagne.com www.champagny.com



### Wellness

#### SWIMMING POOL & SPA

Covered and heated swimming pool. with two-part pool: - a playful pool - two 25-metre water lines

Separate children's pool from the main pool.

SPA area of 250m² with sauna, a hammam, a spa with hot and cold baths and a vast relaxation lounge with «experience» showers.





Swimming pool admission: 6,50€/adult 5€/child (-15 years old) 10 admissions card: 50€/adult Season pass: 80€/adult

60€/child (-15 years old) Annual card:

110€/adult 80€/child (-15 years old) Spa and swimming pool (from 16 years old,

and accompanied by an adult for minors). Admission: 14€



#### HARMONY & WELLNESS

Personalised care based on several techniques: Shiatsu. Korean relaxation. Californian, foot reflexology, Taï, Swedish, lympho-energy; with the help if needed of the Jacquier air bowl, Tibetan bowl and the Wai Oi lamp. More than 20 years of experience at your service!





Open all year round, by appointment



Chi-machine: 40€/45mn

Rollande RENAUD + 33 (0)6 87 55 66 22 harmonietbienetre@orange.fr www.bienetre-massage.com

#### Ô DES CIMES SPA AND WELLNESS

Body treatments and massages with the brand CODAGE and body massages from 6 years old with the brand BIO TOOTFRUIT (dedicated to the voungest).

Tonic or relaxing wellness massage with the oil of your choice and various scents for a 30, 60 or 90 minute relaxation.

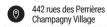


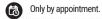
Les Alpages de Champagny - La Piat Champagny Village



+ 33 (0)4 79 22 21 20 alpages@cgh-residences.com www.odecimes.com

#### WELLNESS MASSAGE





Catherine SACHE + 33 (0)6 78 01 03 77 www.massage-vanoise.com





#### **ACCOMMODATION**

#### HOTELS

Ancolie\*\*\* + 33 (0)4 79 55 05 00 Les Glières\*\*\* + 33 (0)4 79 55 05 52

#### SELF-CATERING ACCOMMODATION

Club Alpina\*\* + 33 (0)4 79 55 04 59 CGH résidence & Spa Les Alpages de Champagny\*\*\*\* + 33 (0)4 79 22 21 20

#### **REAL ESTATE AGENCY**

Champagny Agence by Roc Blanc + 33 (0)4 79 55 05 77

#### HOLIDAY RESIDENCES

Chalets du Bouquetin + 33 (0)4 79 55 01 13 Les Balcons Étoilés + 33 (0)4 79 55 05 77

#### REFUGE

Refuge de la Porte du Bois (P.N.V) + 33 (0)4 79 55 05 79

#### HOLIDAY RENTALS

www.laplagneresort.com

#### REAL ESTATE DEVELOPER

Terrésens

+ 33 (0)4 72 14 66 50 / 0 800 880 880

### **RESTAURANTS / BARS**

#### VILLAGE

Alpina + 33 (0)4 79 22 57 96 Au Son des Clarines

+ 33 (0)4 79 41 16 67 Barillon + 33 (0)4 79 55 05 30 Glières + 33 (0)4 79 55 05 52 Grand Bouquetin + 33 (0)4 79 22 05 59

#### CHAMPAGNY LE HAUT

Refuge du Bois + 33 (0)4 79 55 05 79

#### ON THE SLOPES

Chalet des Verdons Sud

+ 33 (0)6 13 10 33 31 La Rossa + 33 (0)4 79 08 28 03 Roc des Blanchets

anchets + 33 (0)4 79 08 29 93

#### **SHOPS**

#### Bakery - chocolate factory

Marmottine + 33 (0)4 79 55 07 10

#### Hairstyling

Coiffeur Création + 33 (0) 4 79 01 19 96

#### Sport shops

Alpina Ski Shop + 33 (0)4 79 01 06 30 Belvédère Sports / Sport 2000 + 33 (0)4 79 55 05 45

Skimium + 33 (0)4 79 55 07 40
Intersport + 33 (0)4 79 55 07 36
Ski Set / Ski shop Vanoise
+ 33 (0)4 79 55 05 92

#### Regional products - wines

Fruitière + 33 (0)9 67 48 11 26 Le Schuss Gourmand

+ 33 (0)4 57 37 25 17

#### Souvenirs, gifts

La Lézardière + 33 (0)4 57 37 25 17

#### **Minimarket**

Sherpa + 33 (0)4 79 22 17 88

**Point Crêpe** (at the start of the gondola)

## CRAFTSMEN & COMPANIES

#### Concierge service

Harmony conciergerie + 33 (0)6 66 40 03 61

#### Design produit & graphique

Dinézine Design + 33 (0)6 84 35 38 86

#### **Electricity**

Millot Julien Electricité + 33 (0)6 21 73 90 82

#### Photographer

Nomad Photographie + 33 (0)6 36 13 92 24

#### Laundry

Blanchisserie Alpine + 33 (0)4 79 06 55 01

PHENE SAS (low carbon strategy & awareness of energy & climate issues | Energy Transition | Ecological Transition | Business Advice - Carbon Footprint®) + 33 (0)6 87 28 20 04

#### Real estate sales agent

Mrs Catherine Lesourd + 33 (0)6 84 99 95 03

#### Renovation & decoration

SARL Toussaint Décoration 06 15 85 53 29

#### Transport

**Dunand Vanoise Voyages** 

+ 33 (0)6 11 40 52 53

#### Water installation work

Sarl ARINA + 33 (0)6 22 98 51 64

#### **ASSOCIATIONS**

#### A.A.P.P.M La Gaule Tarine

(Fishing association & protection of the aquatic environment)

A.L.C.S (Association Loisirs Culture Sports)
Mrs Véronique Tatoud
alcs.champaqny@gmail.com

#### Atelier des peintres de Champagny

Mrs Jacqueline Genier jacottegeniez@free.fr

#### **Champagny Glace Montagne**

(Ice climbing race)
M. Denis Tatoud
06 37 35 48 75

#### Club de l'Amitié

M. Jacky Vassard clubamitiechampagny@orange.fr

**Fête du Village** (Champagny Village) Mrs Juliette Ruffier des Aimes 06 62 82 24 72

#### La Gorzderette

(Le «Tournoi givré» multi-activités) Mrs Julie Monnet www.gorzderette.com

#### Grand Bec Événements

(Cross country ski race) M. Arnaud Ruffier des Aimes www.marathondugrandbec.com

#### Ski club Champagny

Mrs Stéfany Moenne-Loccoz www.skiclubchampagny.com

#### Ski club fond Champagny-Bozel

Mrs Manon Simille www.club-skidefond-bozel.jimdo.com

#### Sou des Écoles

Mrs Magalie Chedal soudesecoleschampagny@gmail.com

#### Tarahumara Spirit

Dr. Salmon tarahumaraspirit.org



R'LA PLAGNE la radio station 94 9 - 101 5 Mhz & laradiostation fr

- 7.30am to 10.30am LA MATINALE (information, ski condition, weather - 10.30am to 4pm LE GRAND'R (Just ski, we take care of the rest) - 4pm to 8pm HAPPY'R (evening good deals, interviews) - 8pm to 4am R'TIMÉ (lounge, chill out and electro)

> Tel + 33 (0)4 79 09 10 00 rlaplagne@laradiostation.fr



#### **PRACTICAL**

- Firewood: SHERPA minimarket.
- Press: SHFRPA minimarket
- Laundry: self-service at the Alpages de Champagny residence (tokens on sale at reception):
- 5€ / machine 1€ / washing powder 4€ / tumble drver.
- Linen hire: bed and bathroom linen for individuals and professionals at the Blanchisserie Alpine
- Internet:
- Wifi: 30mn of free wifi per day near the network tourist office «OT La Plagne». Internet Ici» network from €3/30 min.

Le Code Bar. Le Grand Bouquetin and Refuge de le Bois: Free Wifi for their customers.

- Hippocket Wifi: rental at the tourist office by the day (7€) or by the week (39€). High speed wifi network (up to 10 devices connected simultaneously). Payment in credit card only.

#### Skis lockers

At the top of the cable car & covered car park of the cable car (€2/cabinet). In the sports shops where you rent your equipment (except Monod Sport/Ski Discount).

- Snow shovels (in case of need to clear snow from your vehicle) and car start cable: available (against deposit) at the tourist office. Snow shovels (without deposit) at the Sherpa.
- Waste recucling centre (8km) + 33 (0)4 79 55 35 23

Located on the right just after the Carrey roundabout (towards Moûtiers). Open: Monday to Saturday from 8am to 12pm & 2pm to 5.30pm on Monday, Wednesday and Friday.

## SERVICE

**Tourist Office** + 33 (0)4 79 55 06 55 Facebook: Champagny en Vanoise

#### **ADMINISTRATIVE SERVICES**

+ 33 (0)4 79 55 03 80 Town hall Monday to Thursday: 8am-12pm and 2pm-6pm Friday: 8am-12pm and 2pm-5pm

Post Office + 33 (0)4 79 55 02 79 Monday to Thursday: 8am-12pm/2pm-5pm Friday: 8am-12pm/2pm-4.30pm Post collection: Monday to Friday 12pm

#### BANK SERVICES

#### cash dispensers

Champagny: le Reclaz. Bozel (5km), la Plagne resort (by ski)

#### Banks (Bozel -5km):

+ 33 (0)4 79 44 60 08 - Crédit Agricole + 33 (0)4 79 55 01 08 - Banque de Savoie

#### **EMERGENCY SERVICES**

- Medicalized Reception Centre

Moûtiers (18km) + 33 (0)4 79 09 60 60 - Albertville Intermunicipal Hospital (45km).

+ 33 (0)4 79 89 55 55

- Medical emergencies (European call) 112

- Deaf and hard of hearing emergencies 114

- Poison Control Centre Lyon + 33 (0)4 72 11 69 11

- Fire brigade 112/18

- On-call pharmacy 3237

#### SECURITY

Police station (Moûtiers, 18km) + 33 (0)4 79 24 00 15 Safety of the slopes

- Alpine area + 33 (0)4 79 09 67 60 + 33 (0)4 79 22 12 74 - Nordic area

#### INFORMATION

- Snow - avalanche +33 (0)8 92 68 10 20 + 33 (0)8 99 71 02 73 - Mountain weather



#### - Doctor's surgeru

Bozel (5km) Health Centre+ 33 (0)4 58 83 01 55 Pralognan la Vanoise (10km)

D' FRANCOZ + 33 (0)4 79 08 75 61 Courchevel 1650 (18km) & 1850 (22km) Dr JOURNOUD+ 33 (0)4 79 07 71 64

Forum Health centre + 33 (0)4 79 08 20 03 Lafarge Health centre + 33 (0)4 79 08 26 40

#### - Dentists

Bozel (5km) Health Centre+ 33 (0)4 58 83 01 55 Mrs SOLVET GARREAU + 33 (0)4 79 01 11 19

#### - Nurses

Mrs Marvse SOUVY + 33 (0)6 12 73 61 90 + 33 (0)4 79 55 05 10

Bozel (5km) Health Centre+ 33 (0)4 58 83 01 55

+33 (0)4 79 22 61 40

Physiotherapist - osteopath

+33 (0)6 15 43 31 74 - Podiatrist Viviane MESLIN, D.E Paris. By appointment at the office and home

#### - Optician

M SFROT

Bozel (5km) Bozel Optique + 33 (0)4 79 41 95 12

- Pharmacies

- Bozel (5 km) + 33 (0)4 79 22 19 20 Monday to Saturday (excluding public holidays): 9am-12pm /2pm-7pm & Sunday on call: 10am-12am / 5pm-7pm

- Pralognan (10 km) + 33 (0)4 79 08 71 61 Mon. to Fri. 9am-12.30pm/3pm (2.30pm school holidays)-7pm. Saturday 9:30am-12:30pm/4pm-7pm, Sunday & holidays 10am-12:30pm/5pm (4pm school holidays)-7pm

- Plagne Centre & Plagne Bellecôte: by ski during the day

- Pharmacies on duty: display at the tourist office or call 3237

#### VETERINARY CLINICS

+ 33 (0)4 79 22 09 51 Bozel (5 km) + 33 (0)4 79 41 95 36 La Perrière (9 km) Moûtiers (18 km) + 33 (0)4 79 24 01 76

#### CHAMPAGNY SHUTTLES & TRANSPORTS

## 2 ROUTES SHUTTLE TO CHAMPAGNY VILLAGE

#### **Champagny Village**

Les Rochers, la Piat, Centre Station, le Planay, Côte Arbet, les Perrières, les Epinettes.

## Champagny Village <=> Champagny le Haut

(Le Bois – Site nordique): multiple stops in Champagny le Bas (village Hall, the Centre / cable car, the Planay, Côte Arbet) and Champagny le Haut (the Couaz, Chiserette, le Bois).

Timetable & information at the tourist office or downloadable

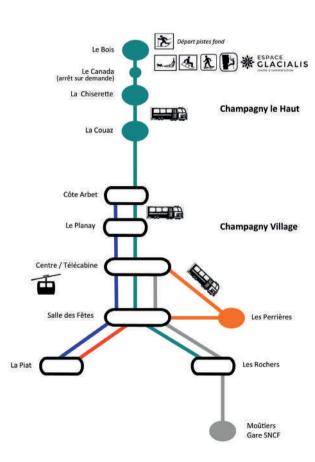
Time displayed at each stop.

The circulation of the shuttle is subject to the vagaries of the weather and road conditions.

Tips: run for stops a few minutes before the time indicated; to signal the driver. Wait for delay.

Free service for residents of Champagny (tourists and locals) and is not accessible to offpiste skiers arriving Champagny le Haut (which will have to book a taxi - Taxi DUNAND +33 (0)6 11 40 52 53)

CAUTION: The capacity of vehicule is limited. On some periods of overcrowding and time, the seat isn't guaranteed for everyone. Thank you for your understanding.



## LINKS RAILWAY / RESORTS

Information & booking on www.cars-region-savoie.fr or on

+ 33 (0)9 70 83 90 73.

Booking obligatory for your Saturday trips, tickets on sale at the Tourist Office.

- Champagny - Moûtiers (railway station)

One way: 12€/pers

8,40€ /pers. - de 26 yrs

Return: 20€/pers

14€ /pers. - de 26 yrs

Champagny - Pralognan la Vanoise or Champagny - Bozel

One wau:

4€ /pers 3€ /pers. - 26 yrs

Return: 7€ /pers 5€ /pers. - 26 urs

Champagny - Brides-les-Bains

One way:

8€ /pers 6€ /pers. - 26 yrs

Return: 13,50€ /pers

10€ /pers. - 26 yrs



#### **TRAINS**

Information & booking: www.oui-sncf.com or 3635



## TAXIS, MINIBUS, CARS

**Dunand Vanoise Voyages** 

+ 33 (0)4 79 55 05 28 / + 33 (0)6 11 40 52 53

#### CAR RENTAL (moûtiers)

Avis + 33 (0)4 79 24 01 55 Europear + 33 (0)4 79 24 09 72 Hertz + 33 (0)4 79 24 07 75 Lerat + 33 (0)4 79 55 00 32

#### **AIRPORTS**

Lyon St Exupéry (180km) 0826 200 826 Genève Cointrin (140km)

00 41 227 17 7 111 Chambéry / Aix les Bains (100km) + 33 (0) 4 79 54 49 66

Grenoble Isère (174km)

+ 33 (0) 4 76 65 48 48

Bus links airport / resort: Information & booking 0 820 205 330

## PETROL STATIONS 24H/24

- Bozel (5km)

- Le Carrey (Courchevel junction, 8km)

- Pralognan la Vanoise (10km)

- Moûtiers (18km)

#### GARAGES

#### - Bozel (5 km) :

Garage Gerfaux/Picon (+spécialiste Renault) + 33 (0)4 79 55 03 31 Garage du Grand Bec (+ agent Fiat)

+ 33 (0)4 79 22 14 93 Garage Vanoise Automobile

+ 33 (0)4 79 22 01 54

#### - Carrey (8km):

Garage du Grand Pont

+ 33 (0)4 79 55 35 21 - Pralognan (10 km) :

#### Pratognan (10 km):

Garage de la Rossa

+ 33 (0)4 79 08 73 28



Parking is free everywhere in Champagny en Vanoise, except in one of the covered parking. It may also be restricted so please ensure you comply with signage.

## PARKING IN BLUE ZONE

In the centre of Champagny, 2 parking zones limited to 1hr.

Free parking disc at the tourist office.

## Parking in the covered car parks

- Centre car park (access via the village centre): 150 spaces free covered car park (height limited to 2m).
- Gondola car park (access via Planchamp): 52 spaces charged covered car park.

Parking meter 7/7, 9am – 5pm.

1st hour free (ticket obligatory)  $\frac{1}{2}$  day (4hrs):  $2 \in$ 

Full day (8hrs) :  $4 \in 7$  days:  $20 \in .$  Please make sure you have change as the machine does not accept credit cards.

## Outdoor paying parking

Parking at the gondola (access via Planchamp, covered parking): 32 spaces. Same rates as the gondola car park.

## PARKING FOR DISABLED VISITORS

with a disabled badge Outdoor car parks:

1 space in the blue zone parking area -> Centre

1 space -> opposite the village hall

1 space -> opposite the gondola station

1 space -> Hauts du Crey car park Covered car park :

2 charged spaces -> Gondola car park

## Route information practical advice

Check the weather forecast at the Tourist Office. During the French school holidays the «Partir à la bonne heure» (Leave in good time) campaign will be posted up in the Tourist Office from the Thursday.

- Clearing the snow from your car and its roof.

## Where to find the information?

- www.savoie-route.fr
- www.autorouteinfo.fr
- Radio France Pays Bleu de Savoie 103.9FM
- -R'la Plagne 101.5FM

#### Be careful

Your vehicle must be equipped with 4 snow or all-season tyres. Otherwise, you must have at least 2 metal or textile snow chains in your boot.

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PHOTOS CREDIT: Office de Tourisme de la Grande Plagne, Nomad Photographie, Agence Zoom, Louis Garnier, Philippe Royer, Olivier Allamand. Ambroise Abondance. Pierre Augier.

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