



MÉRIBEL

CŒUR DES 3 VALLÉES



Family guide



Méribel Tourisme WELCOMES YOU!



Méribel is a Family Plus resort.

This national accreditation is awarded to participating communities that have taken a comprehensive approach to welcoming families.

Everything you need for a successful family holiday:

- a personal welcome
- age appropriate activities
- from youngest to oldest: prices for each age group
- activities for young and not so young to enjoy together or separately
- all the shops and services you need on hand
- professionals to pamper your children

The Méribel Tourist Office team is at your disposal to welcome you and help you make the most of your stay.

In this guide you will find all our partners with the Family Plus label.

What is available?

Special arrangements, children's menus, suitable equipment (cot, high chair, changing area, bottle warmer, etc.), games, family-friendly activities, acceptance of holiday vouchers...

Méribel Tourist Offices

Méribel - Centre

+33 (0)4 79 08 60 01 | info@meribel.net
www.meribel.net



Open:

❄ From 04/12 to 24/04: Monday to Friday - 9am to 6.30pm,
Saturday and Sunday - 9am to 7pm.

☀ From 27/06 to 28/08: everyday - 9am to 12.30pm
and 3pm to 6.30pm.

Inter-season: Monday to Friday - 9am to 12pm and 2pm
to 5pm (closed on public holidays).

Méribel-Mottaret office

Méribel Mottaret - Centre

+33 (0)4 79 08 60 01
info@meribel.net
www.meribel.net

Open:

❄ From 04/12 to 24/04: Monday to Friday - 9am to 6.30pm,
Saturday and Sunday 9am to 7pm.

☀ From 27/06 to 28/08: everyday - 9am to 12.30pm
and 3pm to 6.30pm.



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ENJOY MÉRIBEL

WITH CHILDREN UNDER 5 YEARS OLD

Your little darlings are bursting with energy and only stop to sleep and eat (sometimes)? Here are a few tips to satisfy their thirst for activities and enjoy the little pleasures of Méribel as a family!



By the fire, comfortably installed under a blanket, your children are ready to listen to a quiet story...

Time for a treat? A good hot chocolate prepared with love... Who could resist?



For nature lovers

As soon as the luggage is deposited, the children are already dreaming of playing outside. Quick search for the warmest gloves and off you all head in the other direction. Just beyond the doorstep, you'll discover the **great white expanses to enjoy**.

Snowball fights, building a snowman or igloo, this giant playground seems to present no limits to your imagination.

With their noses reddened by the cold and their eyes laughing and full of joy, the little ones quickly return to warm up.





For the adventurous

Let go, you're on holiday!

Summer and winter alike, in Méribel, in one of the 12 biggest ice rinks in France, see your little Bambis discover ice.

With gloves and helmets, hold on to mum or dad's hand or opt for a small, stable chair and off you go for your first taste of sliding.

The little extra: children under 5 years old can use the rink for free.



*Memories are created from tiny moments...
Your inner child is tapping you on the shoulder?
Enjoy it with your own children, take your whole
tribe on a wild toboggan ride!*



For the peace seekers

Under the winter or summer sun, you can venture out on the animal trail.

At the start of the trail, the sign reminds us: "We are here, even if you can't see us". Tighten your boots and let's go for a nice little 2 km walk. Wild boar, marmots or golden eagles are not far away...

Look for the clues along the trail and find the hidden animals!



For those that love surprises

A family outing to the petting farm, to meet our animal friends. Dwarf goats, long-haired donkeys, black nose sheep from the Valais, you will spend a memorable time in an authentic setting full of rural traditions.

The delicious smells emanating from the restaurant next door will soon convince you to stay for a snack or dinner. The children will enjoy the gourmet dishes at the grown-up's table. This is a programme that will make everyone agree.





FUN IN MÉRIBEL

WITH CHILDREN FROM 6 TO 11 YEARS OLD

Your children are still exploring the world around them. As a family, discover the secrets and landscapes of Méribel with this selection of activities for young and not so young adventurers.

For nature lovers

Through the window, the sun is calling you to go out and enjoy it. Quick, on with the snow-boots, a warm woolly or down jacket, the children are ready to discover the exceptional nature of Méribel.

Head off for a hike through the heart of the Plan de Tuéda Nature Reserve or the Vanoise National Park. Keep your eyes open! Marmots, ibex, chamois, ptarmigan or black grouse may be just a few metres away from you...

The youngest ones get binoculars and the older ones learn how to take photographs.

In the backpacks, the picnic is ready. All that remains is to find the perfect place for a lunch or snack by the lake.



Tickle your taste buds

The setting is ideal for a family gathering around the table.

The potatoes are ready and the raclette is already making people's mouths water. Everyone serves themselves at a raclette party.





For the adventurous

Who has never dreamed of being a cowboy in the middle of the great western plains?

In the green meadows or the snowy expanses of Méribel, enjoy horse and pony riding with your family.

Children will enjoy it just as much without their parents! They get ready and start their day with a ride on the prepared trails and then return to brush their new friend. After feeding him and cuddling him more than you can count, you'll find that they are delighted with their morning!

And for the more intrepid, pony-sledding or skijoring is on the menu.



**Life's
little joys**

*On the way back from an activity or in the middle of a hike, the first ball is thrown... no-one know, who started it but the whole family is soon involved in a snowball fight.
No holds barred, laughter guaranteed.*

For the peace seekers

Awaken the mountain explorers in all of you. With torch in hand and snowshoes on their feet, children can step into the shoes of a real trapper at their own pace. At night, by the light of the torches, the forest takes on a completely different aspect and plunges the whole family into a very exciting atmosphere.

After this quest full of discoveries, warm up with a good Savoyard fondue and regional specialities. Enjoy your meal!



For those that love surprises

Young and not so young adventurers, it's with your family that you embark on the Explor Games® in Méribel.

The phones are charged and will prove to be your greatest allies in surveying the Plan de Tuéda reserve and its 1,200 hectares of protected area.

A cross between an escape game and geocaching, this original and fun concept takes you on a journey full of pitfalls, challenges to be met, riddles to be solved and traps to be foiled. It is a jewel in the shape of a heart that you will have to find in order to maintain peace and harmony between man and nature. Méribel is counting on you!





GREAT TIMES IN MÉRIBEL

WITH CHILDREN OF 12 YEARS OR MORE

On holiday, there is something for everyone! As we know, kids at this age tend to be demanding; you'll have to convince them to join you. Here are our ideas to make the most of the leisure activities and delights of Méribel with your teenagers.



For nature lovers

For once, we are giving them a good reason to stay up all night. **Tell the teenagers, you are taking them off for a night adventure.**

Go for a night hike and enjoy the view of sunset over the most beautiful panoramas of Méribel: the Vanoise glaciers, Mont-Blanc or Grande Casse unfold before your eyes in the twilight. The return journey will be made with a headlamp.

After this great dose of nature, it's time to enjoy a Beaufort fondue that will satisfy all appetites. Before returning, don't forget to take a moment in the dark to listen to the sounds of the forest and its wild inhabitants.



Let's get out the aprons, everyone is in the kitchen! For today's meal, it is the Beaufort cheese which is in the spotlight.

In a pie, in a salad, in a fondue, in French toast or even in a lollipop for the aperitif, the possibilities are endless... **What will you choose? And what about tomorrow?**



For the adventurous

Are you speed freaks in your family? This afternoon, it's mountain biking. **You will hurtle down the specially prepared trails of Méribel.** In the heart of the mountains, the teenagers are bouncing on the bumps, helmet on their heads. The animals are not far away and may be spotted. Together, share this moment to discover or rediscover the joys of mountain biking in the middle of nature.

With a short course, teenagers can discover the world of mountain biking on their own and in a playful way. Those who are already experienced can take part in a freestyle mountain bike course. It'll be a blast!



For the peace seekers

At the Méribel Olympic Park, the ice-hockey team is preparing to take to the ice, hockey-sticks in hand and mouth guards already in place. The sound of skates on ice echoes around the arena as everyone takes up their positions.

Relax and enjoy. Today it is not you or your children whose pulse will be racing. Unless, perhaps, you cheer too loudly from the stands!

Let battle commence!



For those that love surprises

The mountain air is invigorating, even in the coldest weather. Today, the whole family will be enjoying it. **With your ski suit zipped to your neck and your hats pulled tightly over your ears, you're off for a ski tour.**

Fresh tracks through immaculate snow, you'll have to climb a bit to be able to enjoy a breath-taking descent. It's a day you won't soon forget and it's well worth the climb.



*As the end of the day approaches,
no one can resist the beautiful late afternoon light.
Take advantage of this to find the perfect spot
for beautiful Instagram photos
on the heights of Méribel.*





THE JOYS OF MÉRIBEL

WITHOUT CHILDREN

Why not take some time for yourself? Your youngest kids are having a great time at the nursery and the older ones are off horse riding, mountain biking or having ski lessons. You don't have to worry about anything, all you have to do is relax.

For nature lovers

The weather is ideal for a yoga session on the shores of Lake Tueda, in summer and winter. At sunrise, regular practitioners and beginners alike gather for a shared moment of reconnection with their bodies. You gently awaken your limbs with precise postures and movements. **A dynamic way to start the day and give yourself a boost.**

There is no shortage of heavenly spots. At altitude, on a terrace with a panoramic view of the mountains, this is where your morning yoga session will take place. With your feet in the snow, you stretch your fingers to the sky in a sun salutation.



Tickle your taste buds

This evening, you can treat yourself to a special moment over refined and meticulously prepared dishes in one of Méribel's gastronomic restaurants. **Enjoy your meal!**





For the adventurous

Dress warmly before heading to the Tuéda Nature Reserve. But don't forget your skis and poles: **today is a Nordic day.**

Cross-country skiing, Nordic ski touring or biathlon, it's up to you to decide how you want to enjoy this enchanting setting.



**Life's
little joys**

*As the sun is setting, take a detour
along the lake to admire the evening colours.
A romantic landscape to be shared
with your special someone.*

For the peace seekers

The children are busy on their own and you don't have to worry about anything except your well-being. **How about a pampering session at the spa?** Solo or in pairs, you can let go of the tension and get rid of those knots in the shoulders. Jacuzzi, steam bath and massage, the programme has never been so invitingly restful.



For those that love surprises

Look at life from a different angle, literally. Méribel is full of surprises and here is unique opportunity to see a different perspective... From the skies, by paraglider, soar above the pristine landscapes of the Tuéda Nature Reserve and the larch forests. **Rediscover Méribel as you have never seen it before.**



EVENTS

A programme that will delight young and young-at-heart alike right in the heart of the 3 Vallées!

IN WINTER

Opening

We celebrate right from the opening day on 4 December, starting with the **"Méribel in Lights"** evening, where you'll find a tepee village, music and magic.

Christmas and New Year festivities

The Christmas festivities follow with a week of street artists, concerts, shows and of course Father Christmas as guest of honour!

New Year's Eve is celebrated with a torchlight descent by the instructors and a night of dancing.

February

For culture buffs, the Méribel auditorium hosts **children's shows** on the 4 Thursdays of the February school holidays as well as the **Jazz Variations Festival**.

March

As winter loosens its frozen grip in March, it is time to celebrate with a **freestyle contest** and a **DJ battle** in the resort centre.

April

Finally, to end the season, April is more chilled with 15 days of relaxing activities on the slopes and other unexpected places during the **Zen altitude festival**; along with sporty events like the **"Enduro des 3 vallées"**, a team 3 Vallées rally challenge on skis.

IN SUMMER

The highlights of the summer:

Sporting: cycling, golf or trail running.

Traditional: the Les Allues valley fair where local producers, traditional costumes and worn and local people meet.

4 themed weeks

- E-bike,
- Astronomy,
- Arts,
- Wellness,

Including a great number of free events and activities.

Each week

- Kids shows,
- Concerts.



Find the detailed programme in the "Coups de Cœur de Méribel" (What's on brochure), and on meribel.net.

Free

New experiences to try with your family! 

A programme of activities for children accompanied by their parents in summer and winter.

On the programme: outdoor activities (animal sculpture, accompanied explorer game, treasure hunt, frozen bubbles, snow games, ice sculpture, fortress and snowman, wooden games, giant games, orienteering race...) and indoor activities (creation of bird feeders, seed balls, dream catchers; nature stories, dragonflies, Hama beads...).

2 activities in the morning and 3 in the afternoon. Reservation necessary at the Tourist Offices (limited to 15 people). Find the detailed programme on the Coups de Cœur or on our website www.meribel.net

Where: at the Kenothèque in Méribel centre and at the "Maison de la réserve" of lake Tuéda in Méribel Mottaret.

From: Monday to Friday between 20/12 and 22/04 and from 04/07 to 26/08.

Key:  Activities for bad weather days





MÉRIBEL EXPLOR GAMES®



THE QUEST FOR THE HEART OF MÉRIBEL

Méribel launches an Explor Games®

This concept combines aspects of an escape game with geocaching, offering you a unique experience along a scripted adventure course, winter and summer, in the Tuéda Nature Reserve, situated within the Vanoise National Park. Guided by a mobile App, you will set out on an adventure with your family or friends, taking on the challenges that await you!

HOW TO PLAY

1/

Download the

« Méribel Explor Games® » App

2/

Within the App, download

« La Quête du Coeur de Méribel »

3/

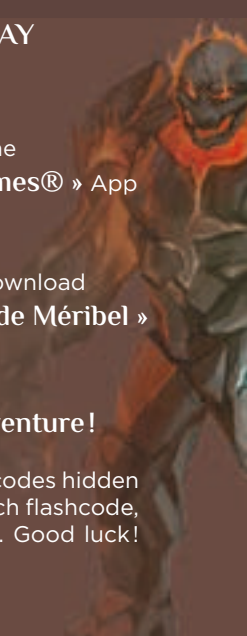
Set out on an adventure!

You must find the flashcodes hidden along the course. At each flashcode, a challenge awaits you. Good luck!

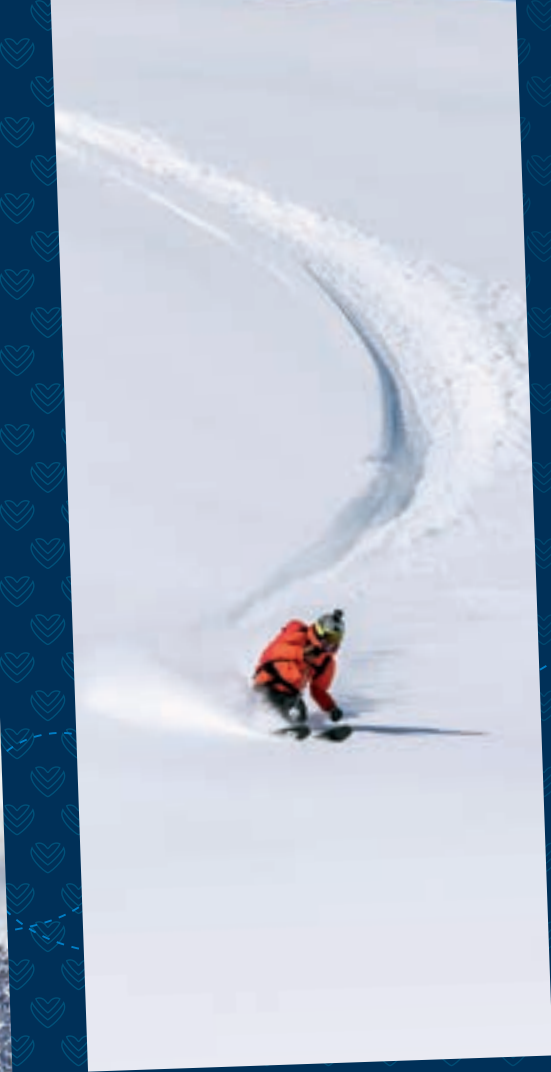


Download on the
App Store

GET IT ON
Google Play







MÉRIBEL in winter

TRADUCTION



THE SKI DOMAIN

LIFT PASSES

The Family Pass

For once the children can save money for their parents! With Family Pass everyone skis at the same price as a child!

Valid for groups of 2 parents with 2 to 7 children (age 5 to 17 years).

Prices:

3 Vallées Méribel Valley
(per skier for 6 days).... (per skier for 6 days)....
... from €211.20 to €264 ... from €178.50 to €223

Mini Pass

For children, beginners and small skiers, a mini domain composed only of blue and green runs and adapted lifts:

- in Méribel:

- 🚠 Olympe, Rhodos and Tougnette,
- 🚠 Altiport, the Golf and Morel,
- 🚠 the Côtes and the Altiport, the Fontany cable, the Loupiot carpet.

- in Méribel-Mottaret:

- 🚠 Les Chalets,
- 🚠 Les Combes,
- 🚠 de l'Aigle and des Arolles, the Ourson, Doron and Table Verte carpets.

Prices:

1 day €31

Free areas/lifts

Méribel: Le Loupiot magic carpet and Côtes drag lift (Rond Point), Altiport drag lift and Fontany cable (Altiport).

Méribel-Mottaret: Chalets gondola lift, Doron and Ourson magic carpets (Laitalet).



Picnic areas, some with barbecue facilities or picnic rooms, are at your disposal across the valley.

FUN AREAS

The Yeti Park

Méribel Mottaret - 🚠 Combes mid-station

+33 (0)4 79 00 43 44

www.skypassmeribelmottaret.com

THE fun run for families and children! Himalayan trumpets, gongs to hit, talking tunnels: marvel at the magical world of Yooni, our friendly Yeti!

Open: from 04/12 to 22/04.

Fun track JN Bee

Méribel Mottaret - 🚠 Plattières

+33 (0)4 79 00 43 44

www.s3v.com

A sinuous blue run with tight turns and numerous bumps ideal for novice skiers who want to challenge themselves with a ski-cross type experience.

Open: from 04/12 to 22/04.

Secret spots - Tuéda

Méribel Mottaret

+33 (0)4 79 00 43 44

www.s3v.com

Looking for the best snow in the area? Come and try the 2 new Lagopède or Bartavelle runs or the wide sectors that flank them. Facing north and with only natural snow. A pleasure reserved for experts and connoisseurs.

Open: from 04/12 to 22/04.

Turn & Run

Méribel Mottaret

🚠 Plattières or 🚠 Châtelet

+33 (0)4 79 00 43 44

www.skypassmeribelmottaret.com

Challenge your friends and family on this easy fun track with a series of modules accessible to all! Designed for all those who want to have fun, enjoy themselves and enjoy new experiences.

Open: from 04/12 to 22/04.



Inuit piste

Méribel - Altiport

 Saulire Express 1 or  Altiport or  Rhodos

+33 (0)4 79 08 65 32

www.skipass-meribel.com

Discover the Great North in the heart of the Altiport forest. Slalom with your family between the games and animals of the ice pack, then enjoy a well-deserved stop at the village where the Inuit await young and not-so-young to participate in memorable activities.

Open: from 18/12 to 01/04.

Animal Tracks piste

Méribel - Altiport

 Saulire Express 1 or  Altiport or  Rhodos

+33 (0)4 79 08 65 32

www.skipass-meribel.com

Follow this easy green trail through the forest and have fun spotting the animals and recognising their calls... This year, the animal trail has a new look with new games and even more beautiful and realistic animals.

Open: from 04/12 to 22/04.

Dragon de l'Altai piste

 Loze Express

+33 (0)4 79 08 65 32

www.skipass-meribel.com

Have fun finding the life-size dragons hidden along this themed run! Take a relaxing break on the hammocks and at the Pic Bleu chalet, where you can have a picnic.

Open: from 22/12 to 15/03.

SNOWPARKS

Elements Park

Méribel - Tougnète side

 Legends or  Arpasson

+33 (0)4 79 08 65 32

www.skipass-meribel.com

THE fun snow-park for all levels! Challenge your friends in the boardercross, have fun in the whoops, have fun in the Fun Slope and slide on the boxes, rails and soft impact modules of the mini-zone.

Open: from 07/12 to 15/03.



Open Park

Méribel Mottaret - Plattières side

 Plattières or  Châtelet

+33 (0)4 79 00 43 44

www.skipassmeribelmottaret.com

One of the finest snow-parks in Europe, suitable for experts and beginners alike. Try your hand at freestyle on the wide boxes and mini moguls in the Rookies zone or perfect your style on the kickers in the Pro zone!

Open: from 04/12 to 22/04.

BEGINNER'S AREAS

Family Cool

Méribel - Altiport

 Saulire Express or  Altiport or  Rhodos

+33 (0)4 79 08 65 32

www.skipass-meribel.com

Are you a beginner or a family looking to hit the slopes in complete peace of mind? Then don't miss the Family Cool area: a concentration of green and blue runs, fun areas and activities throughout the season.

Open: from 11/12 to 01/04.

Zen Doron

Méribel - La Chaudanne

Doron magic carpet

+33 (0)4 79 00 43 44

You don't know how to ski? Learn the joys of skiing for free in no time on these slopes specially dedicated to you!

Open: from 04/12 to 22/04.

The Yeti Camp

Méribel Mottaret

 Combes (mid-station)

+33 (0)4 79 00 43 44

www.skipassmeribelmottaret.com

A closed space, well away from the experienced skiers: ideal for your first taste of skiing. Head to the Yeti Camp, opposite the Hameau de Méribel Mottaret, on the Arolles ski lift and the Table Verte magic-carpet.

Open: from 04/12 to 22/04.



THE SKI DOMAIN

BOARDERCROSS, SLALOM

The Boardercross

Méribel Mottaret

🚠 Plattières or 🚠 Châtelet

+33 (0)4 79 00 43 44

www.s3v.com

On your marks... Get set... Go! With steep turns and whoops, this thrilling challenge will leave you wanting to do it all over again!

Happiness and laughter guaranteed for young and old alike in this boardercross!

Open: from 04/12 to 16/04.

Boardercross Elements Park

Méribel - Tougnète side

🚠 Legends or 🚠 Arpasson

+33 (0)4 79 08 65 32

www.skipass-meribel.com

Challenge your friends in the boarder-cross of the Elements Park, the fun snow-park accessible to all levels!

Open: from 07/12 to 15/04.

Slalom World champion

Méribel - Altiport

🚠 Saulire Express or 🚠 Altiport

+33 (0)4 79 08 65 32

www.skipass-meribel.com

Imagine yourself as a slalom racer and push your limits in the parallel slalom! Ready in the starting gate, feel the pressure build... and GO: challenge friends or family 1:1 to the finish line!

Open: from 18/12 to 25/04.

SLEDGE RUNS

Himalaya By Night - Night sledging

Méribel Mottaret

🚠 Combes (mid-station)

+33 (0)4 79 00 43 44

www.skipassmeribelmottaret.com

With your children, your friends or your other half, try sledging under the stars! Ride down the Little Himalaya green run at full speed or at your own pace: a magical evening of fun and laughter guaranteed!

Sleds and helmets not supplied.

Open: from 21/12 to 14/04.

Mission Black Forest

Méribel - La Chaudanne

🚠 Tougnète (station)

+33 (0)4 79 08 65 32

www.skipass-meribel.com

Thrills are guaranteed with a 470 m vertical drop and 28 turns over a 3.4 km snow run. Enter a fantastic world as you hurtle down the magical forest, inhabited by creatures and full of games of all kinds. Departure from the Tougnète cable car. Min height - 1.40 m.

Open:

From 21/12 to 07/02, every afternoon from 1pm to 4.30pm.

From 08/02 to 10/04, every afternoon from 1pm to 4.50pm.

PICNIC ROOMS AND RELAXATION CHALETS

Chaudanne Lounge

Méribel - La Chaudanne

🚠 Saulire Express (station)

+33 (0)4 79 08 65 32

www.skipass-meribel.com

A space that offers a convivial atmosphere and everything practical you need to warm up and relax with a panoramic view of the outside: microwave, tables, chairs, free wifi and information on the ski area.

Open: from 04/12 to 22/04.



Open Park - Relaxation chalet

Méribel Mottaret - Plattières side

 Plattières or  Châtelet

+33 (0)4 79 00 43 44

www.s3v.com

Two chalets are waiting for you to rest and spend some time admiring the snowpark's riders. Deckchairs, table football, wifi; take a break and send your photos directly to your friends!

Open: from 04/12 to 22/04.

Cabane des Trappeurs

Méribel Mottaret - Plattières side
- on the Bartavelle piste

 Combes 1 >  Combes 2 >

 Roc de Tougne (100 m below the summit)

Your ultimate picnic spot! At the top of the latest generation Roc de Tougne chairlift, take a break with a view in the new Cabane des Trappeurs (trapper's cabin).

Open: from 04/12 to 22/04.

Relaxation chalet - Pic Bleu

Méribel - Saulire side

 Saulire Express 1 >  Loze Express
or  Rhodos

+33 (0)4 79 08 65 32

www.skipass-meribel.com

The Pic Bleu chalet offers 35 m² of relaxation space with free wifi access and live information from the resort. All this in a magical place in the heart of the forest.

Open: from 18/12 to 22/04.

Relaxation chalet - Saulire

Méribel - Saulire side

 Saulire Express 1 & 2

+33 (0)4 79 08 65 32

www.skipass-meribel.com

Bright, equipped with wifi and a screen showing live news from the ski area, the Saulire relaxation chalet is THE ideal place to take a break. In addition to the 25 m² of the chalet, there is a beautiful terrace offering one of the most beautiful views of the Méribel valley.

Open: from 18/12 to 22/04.



Picnic' n' Relax room

Méribel Mottaret

Below the  Pas du Lac (station)

+33 (0)4 79 00 43 44

www.s3v.com

A picnic and rest room in the heart of Méribel-Mottaret to warm up during your breaks! Sofas, kitchen area, wifi, terminals to recharge your smartphones and devices...

Open: from 04/12 to 22/04.

ROMANTIC HIDE-AWAYS

Enjoy a quiet moment in the hearts of Méribel.

Legends

Méribel - Tougnète side

 Legends

+33 (0)4 79 08 65 32

A sheltered bench, an unobstructed view of the Méribel valley and a special moment to share.

Open: from 04/12 to 22/04.

Plan des Mains

Méribel Mottaret - close to Mont Vallon

 Plattières or  Châtelet

+33 (0)4 79 00 43 44

www.s3v.com

In the heart of the 3 Vallées ski area, near the Plan des Mains restaurant, you'll find a superb heart-shaped sofa for a relaxing moment with a fabulous view. And there is free wifi to make your friends jealous.

Open: from 04/12 to 22/04.

Inuits village

Méribel - Tougnète side

 Saulire Express or  Altiport or  Rhodos

+33 (0)4 79 08 65 32

A sheltered seat, a great location in the heart of the Inuit village.

Open: from 04/12 to 22/04.



CHILDCARE CENTRES AND KIDS AREAS

ESF - Méribel

+33 (0)4 79 08 66 90
+33 (0)4 79 08 60 31
www.esf-meribel.com

Daycare centre Les Saturnins (18 months - 3 years)

Olympic Park

The nursery welcomes your children from 18 months of age in the Olympic Park all winter and from Monday to Friday in summer. The experienced team offers them activities adapted to their age, in a safe environment.

To register your child, please complete the booking form and attach a copy of the birth certificate and the vaccination pages of the child. Please note that the number of places is limited, so remember to book in advance.

Open:

From 12/12 to 22/04, everyday from 9am to 5pm.

Prices:

1 morning or 1 afternoon.....from €41 to €43

1 day.....from €63 to €68

6 days.....from €300 to €325

Mini Piou-Piou Club (3-4 years)

Snow-front of the Chaudanne, Méribel Mottaret and Rond-Point des Pistes

Learning to ski has never been so easy, safe and fun! Thanks to our professionals, their modern and innovative teaching methods and the appropriate equipment, children progress smoothly while having fun.

It is very important that the introduction to skiing is fun and memorable. Our team does its best to reassure the children and give them confidence. The sun, the good atmosphere, the games in the snow and the initiation to skiing allow the children to learn to feel their skis, to find their balance and to master some basic techniques.

Open:

From 12/12 to 22/04, everyday from 9am to 5pm.

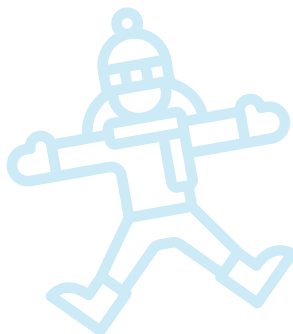
Prices:

6 half days from.....€207 to €271

6 full days from.....€29 to €399



For outdoor activities, remember to cover your child well, especially during an activity where he/she is not moving.





Oxygène ski school

+33 (0)4 79 08 53 36
www.oxygene.ski

The Oxygène magic garden

Secure garden, equipped with a magic carpet and a chalet. All the equipment needed to start skiing or snowboarding for children and adults. Reserved for beginners accompanied by an Oxygene instructor. Reservation via: www.oxygene.ski

Open:
 From 12/12 to 22/04.

Prosneige

+33 (0)4 79 01 07 00
www.prosneige.fr

Kids Club

The Prosneige Kids Club organises activities for your children during your stay in the mountains. In the afternoons, we supervise your children and let them discover various activities on the snow.

The proposed activities:

- Treasure hunt
- Laser rifle shooting
- Igloo building
- Snow challenge (sledging, airboard, parat...)
- Kids Olympics

Ages: from 3 to 15 years old. By age group. An opportunity for your little ones to enjoy, discover, have fun and meet new people.

See you at our shop at the Chaudanne.

Open:
 From 18/12 to 22/04, from Monday to Thursday from 2.15pm to 4.15pm.

Prices:
 Session.....€45

Mini Piou-Piou Club (4-5 years)

Snow-front of la Chaudanne, Méribel Mottaret and Rond-Point des Pistes

The Piou-Piou Club and our ESF instructors welcome children for ski lessons in a safe and fun area where the activities are adapted to their age, with the characters Piou-Piou, Blanchot, Garolou, to help them learn.

We welcome your children from age 4 to 5 in a magical universe. At the Piou-Piou Club everything is organised so that skiing is seen as a pleasure and a game.

In a specially designed and protected area, you will find an entertainment and ski learning area adapted to children's needs.

The children's area is equipped with specific equipment: mini ski lifts, magic-carpets, fun structures and figures to encourage learning and a chalet in which to get ready and warm up during a break. The activities are supervised by the Ski School instructors whose mission is to reassure them and teach them the basic of skiing.

Meals are provided from 12pm to 2pm by our experienced staff so you can leave with total peace of mind.

Open:
 From 12/12 to 22/04, everyday from 9am to 5pm.

Prices:
 6 half daysfrom €207 to €271
 6 full days.....from €292 to €399



The list of baby-sitters is available in the tourist offices of Méribel centre and Méribel Mottaret.



SKI SCHOOLS

ESF - Méribel

+33 (0)4 79 08 60 31
www.esf-meribel.com

Ski, snowboard and off-piste school

The instructors of the Méribel valley are here to welcome you all season long, whatever your level. We will help you progress from beginner to expert, right here in the heart of the 3 Vallées. We offer group lessons or private lessons in all snow disciplines.

For all: private lessons all day, or just morning, afternoon or during lunch time.

For the little ones: private lessons of 1h30. For children from 5 years old: lessons to help graduate through the star grading system (snow-flake to gold star); introduction to competition and slalom; ESF club formula for regular visitors; coaching courses (freestyle, slalom, competition camp, base camp, snowboard camp, teenage team), snowboarding from initiation to freestyle in the Snowpark.

New: group biathlon lessons, laser rifle shooting, snow camp (snowboarding courses for children and adults with an advanced level).

Open: from 04/12 to 22/04.

Prices:

Group ski lessons for children (excluding ski pass):
6 half-days.....€187
6 full days.....€333

ESI Méribel Snow Systems

+33 (0)4 79 00 40 22
www.snow-systems.com

Ski, snowboard and off-piste school

The International Ski School in Méribel and Mottaret. Qualified instructors who accompany you as you learn snow sports with a personalised approach, innovative courses, adapted to your level and your preferences. Alpine skiing, snowboarding, off-piste, medals/levels, handiski, Nordic skiing.

Group lessons:

Mini-kids (4-5 years): we organise real lessons adapted to your budding skiers on the Mottaret beginner slopes. 3 to 6 pupils per instructor, medal, organic snack and constant care included!

Kids (6-12 years old): from beginners to the little snow bombs, 4 to 8 pupils per instructor, test, medal and organic snacks included. Priority is given to technical similarity rather than age for a more efficient progression.

Teen-riders (13-17 years old): I'm an experienced skier, comfortable on black runs and I want to improve in jumps, all snow, slalom...

Open: from 03/12 to 22/04.

Prices:

Group ski lessons for children
(excluding ski pass).....on request.



Wake up...

*Do some stretching
and have a good breakfast.*

Let's go!

*Into your back-bag:
hat, sunglasses, sun cream
and don't forget your helmet!*





Oxygène

+33 (0)4 79 08 53 36
www.oxygene.ski

Ski and snowboard school

Oxygène offers you fun and playful ski and snowboard lessons, as well as a multi-activity course so that children can have fun. Enjoy a guided snowshoe walk with your family, and a multitude of other activities.

Children's group lessons:

For 4-5 year olds, the Little Bear level is ideal to give the little ones their first sliding sensations. For more comfort, groups are limited to 6 children per instructor.

For 5-12 year olds, the lessons are organised around games and fun activities so that children learn while having fun. Maximum 8 children per group.

From the age of 12 onwards, teenagers who are good skiers and who are looking for a thrill can join the Pro Rider courses. On the programme: moguls and snowpark boxes, slalom stadium poles and an introduction to off-piste skiing, all in a safe and supervised environment. Maximum 8 children per group.

Open: from 04/12 to 22/04.

Prices:

Group ski lessons for children (excluding ski pass)
 6 half-days.....€390
 6 full days.....€634

Prosneige

+33 (0)4 79 01 07 00
www.prosneige.fr

Ski and snowboard school

Prosneige Méribel is a ski and snowboard school. We offer private lessons and group lessons of maximum 6 students per group for all ages, in all disciplines.

Prosneige offers: group lessons for young and not-so-young: max. 6 people, in ski or snowboard, from 5 years old, for all levels, 3, 5 or 6 mornings with the most beautiful medal ceremony; private lessons for all in all disciplines!

Open: from 04/12 to 22/04.

Prices:

Group ski lessons for children (excluding ski pass):
 6 half-days.....€302
 6 full days.....€600

Enjoy!

*Share unforgettable moments
 with your instructor...
 and make lots of friends!*

The objective:

*Become a snow-sports champion
 but don't forget that the most
 important thing is to have fun!*



ACTIVITIES

OUTDOOR

École VTT MCF de Méribel

+33 (0)6 12 11 97 97 - +33 (0)4 79 08 59 90

www.fastridingpeople.com

Fat bike

Starting from Mottaret, this activity is open to everyone over 1.50 m. Extremely light bikes with wheels adapted to the snow. Groups of 6 to 8 people. Outings by reservation only (minimum of 4 people needed). Suitable routes with fun ascents and descents around Lake Tuéda.

It is important to come equipped with gloves and your own ski or bike helmet.

Open: from 04/12 to 22/04.

Prices:

Per personfrom €50 to €60

TandemTOP Saulire

+33 (0)4 79 00 45 67

www.tandemtop.com

Paragliding

Enjoy the view of Mont Blanc during the longest and highest flight in the 3 Vallées. The most passionate and successful team in Méribel. You can choose the duration of the flight. Private paragliding lessons: Guide de l'Air.

Open: all year round. By appointment.

Prices:

Depending on the destination and the duration of the flight.....from €120 to €210



Fun Zones

Bigairbag - Mottaret

+33 (0)6 79 50 32 45

www.dingoparadise.com

Jumping on skis or in a rubber ring

Come and have a blast! With family, friends or even alone, our team awaits you everyday, on sale: fun, fun and only fun!

Open: from 04/12 to 22/04, everyday from 10am.

Prices:

Non-nominative tickets.....from €3

Carrousel de Méribel



+33 (0)4 79 08 89 12

www.myski.shop/skishop-location-ski-meribel/apres-ski

Carousel

Don't leave our lovely resort without taking a ride! Our carousel, located at La Chaudanne, is magnificent with its rocking horses, fire engine and plane, guaranteeing great memories and holiday photos. Pancakes and churros nearby.

Open: from 04/12 to 22/04, everyday from 10am to 7pm.

Riding centre

The Nordic Ranch

+33 (0)6 19 02 93 33

www.ranchnordique-meribel.com

Horse riding

Horse riding ranch with many activities for young and old. Whether you are a classic rider: riding lessons, baby pony, training courses with many activities. Or adventurous: horse riding, pony in hand, skijoring and pony sledging.

Open: from 29/10 to 30/04 from 8.30am to 6.30pm. Closed on Saturdays.

Prices:

Pony riding initiation€20

Ski-joëring.....€40

Multi-activity morning.....€60



Snow-bike

Snow Biker

+33 (0)6 09 94 18 11
www.snow-biker.com

Snow-bike

Discovery or adventure snowmobile tours (licence not required), from 16 years old, accompanied by an instructor.

Snowmobile for children: a small circuit where children drive a mini-snowmobile (children must be accompanied). From 5 to 15 years old.

Open: from 04/12 to 22/04.

Prices:

Discovery tour (1h) guide included	€140
Adventure tour (1h) including guide	€170
Snow-mobile (10 minutes)	€15

Snow-shoeing

Bureau des Guides and mid-mountain guides of Méribel

+33 (0)6 43 89 72 91 - guides-meribel.com

Guided outings

A nature activity par excellence, a relaxing sport accessible to all, a great workout for sporty types, or an exploration of quiet sectors, allowing you to privileged access to our natural environment and rural mountain heritage. Specific themed walks are also available on request.

Evening walks, Zen walks, day walks or Nordic walking.

Open: from 04/12 to 22/04.



A map of the pedestrian and snowshoe trails is available at the Méribel centre and Méribel Mottaret tourist offices.

Key: ☺ Activities for bad weather days



ESF - Méribel

+33 (0)4 79 08 60 31
www.esf-meribel.com

Guided walks

Be enthralled by the charm of our beautiful valley! Join the specialised instructors of the ESF of Méribel on a snowshoeing outing. This activity is accessible to all, discover secluded places, full of serenity, calm and a certain authenticity. You will be delighted by this activity!

Themed walks: the mountain environment, fauna, flora, heritage...

Or opt for a more physically demanding outing.

Day trips to different sites in the region. Reservation at ESF offices.

Snowshoes are not provided by the ESF.

Open: from 04/12 to 22/04.

Raquette' Évasion

+33 (0)7 67 12 24 60
www.raquetteevasion.com

Guided walks

Don't be afraid to try snowshoeing! Half-day, day or night, you will find the pleasant sensations of walking in deep snow, themed walks for all: trapper's night "igloo evening", family snowshoeing discovery and chocolate fondue.

Open: from 04/12 to 22/04. On request.

Prosneige

+33 (0)4 79 01 07 00
www.prosneige.fr

Guided walks

Enjoy a snowshoeing trip in the Méribel area, with a new itinerary everyday. Benefit from the camaraderie and atmosphere of the group. Discover the fauna and flora, experience the resort of Méribel as you have never seen it before. In group or private lessons. Walks in small groups of maximum 6 people. From 14 years old.

Open: from 04/12 to 22/04.



ACTIVITIES

EVENTS ORGANISER

Takamaka

+33 (0)4 79 55 39 52
www.tarentaise.takamaka.fr

Groups and seminars

Takamaka Tarentaise: the designer, producer and organiser of your seminars and events, we offer unique and special services: escape games, challenges, team building... We have only one objective: the success of your event!

Open: all year.

Animation Services

+33 (0)4 79 22 01 07
www.animationservices.net

Groups and seminars

Organisation of parties and birthdays. Fairy-tale atmosphere and decor.

Open: all year.

AQUATIC

Olympic Park

+33 (0)4 79 00 80 00
piscine@mairiedesallues.fr

Pool

25 m indoor swimming pool with sport pool (lane for swimmer), big flume (from 6 years old), and paddling pool. Family activities, evening events, varied activities: paddle, aqua-gym, aqua-bike, aqua-palms, swimming lessons.

Open: 10am to 12.15; and 2.30pm to 7pm on Monday, Tuesday, Thursday and Sunday; Wednesday from 10am to 12.15 and from 2pm to 8pm; Saturday 2.30pm to 7pm.

Prices:

Adults (from 18) from €6.50
Child (from 5 to 17) from €5
Free for under 5s.

INDOOR

Bowling Méribel

+33 (0)4 79 00 36 44
www.bowlingmeribel.fr

Bowling

Lanes equipped for children from 3 years of age. Billiards, video games, table football, large screens, sports broadcasts. Organisation of themed evenings, birthday parties or seminars. Snack bar open throughout.

Open: from 04/12 to 22/04, everyday from 2pm to 2am. From 10am in bad weather.

Olympic Park

+33 (0)4 79 00 80 00
secretariat.po@mairiedesallues.fr

Ice rink

Located in the Olympic Park, the ice rink is open to all. Evening events, discovery sessions for families and children; a limited quantity of teaching equipment is available. For beginners taster sessions, lessons and courses are available, booking required.

Open: from 04/12 to 24/04, everyday from 4pm to 7pm (evacuation of the ice 15 minutes before). Extra opening from 3pm if bad weather.

Prices:

Without skate rental	Teaching and safety equipment (sledges, chairs, helmets)
Adult (18)€5	according to availability
Child (-18)€4	(limited quantity).
Skate rental€3	
Free for under 5 years.	



There is an ice hockey match every Tuesday evening throughout the winter season.

Climbing wall

+33 (0)6 43 89 72 91
www.guides-meribel.com

Open access to the climbing wall of the Olympic Park or lessons available with the Guides, open to all levels from age 5. Pay for use or book lessons at the office of the Guides in the Olympic Park.

Open: from 07/12 to 22/04.



WELLNESS

Fitness area/gym

+33 (0)4 79 04 13 46 - fitness@mairiedesallues.fr

Fitness training

The Fitness area offers a variety of top-of-the-range cardio and weight training equipment, it is supervised by a fitness professional, available to help with any personal goals. Accessible from the age of 16.

Open: from 06/12 to 22/04, everyday from 10am to 2pm and from 4pm to 7pm.

Prices:

Week day price.....€12
Week-end (no coach present).....€9

Massage Magali - Yoga Méribel

+33 (0)6 37 44 38 36
www.sejour-coaching-nature.fr

Yoga and treatments

Life coach, experienced massage therapist; offering Zen Shiatsu, vibratory treatments and intuitive massage at home. Comfortable heated table, totally disinfected between each client. Yoga voyage sessions at lake Tuéda stimulating the 5 senses of the body and the forest.

Open: from 06/12 to 17/04.

Prices:

Treatmentsfrom €120
Yoga classesfrom €40

My Spa Pure Altitude

+33 (0)4 79 00 42 30
secretariat.po@mairiedesallues.fr

Treatments and relaxation

My Spa Pure Altitude: 4 treatment rooms including 1 duo room, 1 relaxation room with herbal tea room, 2 saunas, 2 steam rooms, 1 large jacuzzi. Access to the Relaxation Area from 16 years old. Access to the Massage area from 7 years old, accompanied by a parent.

Open: from 11/12 to 22/04, everyday from 2pm to 8pm (areas close 15 mins before).

Prices:

Adultfrom €20
Treatmentsfrom €50 for 20 minutes.
(1 towel provided by the spa, bathrobe rental €3, external linen not allowed).



Spa by Valmont de l'hôtel Le Grand Cœur

+33 (0)4 79 08 60 03
www.legrandcoeur.com

Fitness, treatments and relaxation

Fitness room with cardio-training equipment, power plate, massage chairs, sauna, hammam, jacuzzi, body and facial treatments in partnership with Valmont and Bamford.

Open: from 04/12 to 22/04.

Spa des Neiges by Clarins de l'Hôtel Allodis

+33 (0)4 79 00 56 00
www.hotelallodis.com

Treatments and relaxation

For your greatest pleasure, let yourself be pampered at the Spa des Neiges by Clarins and enjoy Clarins massages, products and beauty treatments.

Open: from 10/12 to 22/04.

Spa NUXE

+33 (0)4 79 41 69 34
www.lekaila.com

Treatments and relaxation

In the heart of Méribel, NUXE offers you a real sensory journey with 6 treatment cabins, including 2 double cabins, for voluptuous and relaxing moments, for lovers, families or solo.

Open: from 17/12 to 10/04, everyday from 9.30am to 6pm.

Key:  Activities for bad weather days



ACTIVITIES

CULTURE

Les Allues library

+33 (0)4 79 00 59 08
terredesallues@wanadoo.fr



Read there or borrow

17,500 works of which some in English.

Open: every Monday, Wednesday and Friday from 3pm to 7.30pm.

Prices:

Season subscription.....€10
Annual subscription.....€20

Cinema Méribel-Mottaret



+33 (0)4 79 55 43 15
www.cinemameribel.fr

Next to the Tourist Office in Méribel Mottaret.

Open: from 04/12 to 22/04, everyday.

Prices:

Adult.....from €8
Child.....from €4

Cinema - Méribel

+33 (0)6 70 72 23 46
www.cinemameribel.fr



In the auditorium, Tourist Office in Méribel.

Open: from 05/12 to 23/04, everyday.

Prices:

Adult.....from €8
Child.....from €4

Les Allues museum



+33 (0)4 79 00 59 08
terredesallues@wanadoo.fr

Free

Culturel heritage

Located in the Bonnevie house, opposite the church, this museum presents the history and traditions of the inhabitants of the Allues valley: their traditional dwellings, tools and techniques, as well as the local history and archives.

Open: Tuesdays and Thursdays from 2pm to 6.30pm.

The Raffort saw-mill and water-mill

+33 (0)4 79 00 59 08
terredesallues@wanadoo.fr

Free

Culturel heritage

On the road between Les Allues and Méribel in the village of Raffort, near the car park of the restaurant "Le Martagon", a sawmill and a mill, combined under the same roof, have recently been restored. Visible outside all year round with free access to the exterior.

Open: exterior visitable all year round, everyday.

Site not open. Only the outside of the sawmill is accessible. By taking the footpath, you can discover the mills in the valley, including the Gittaz mill, which remains open all year round.

Key:



Activities for bad weather days

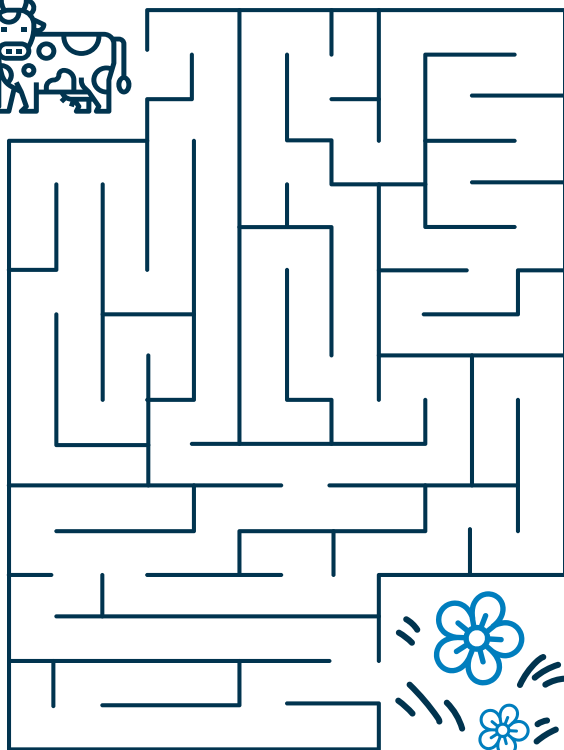


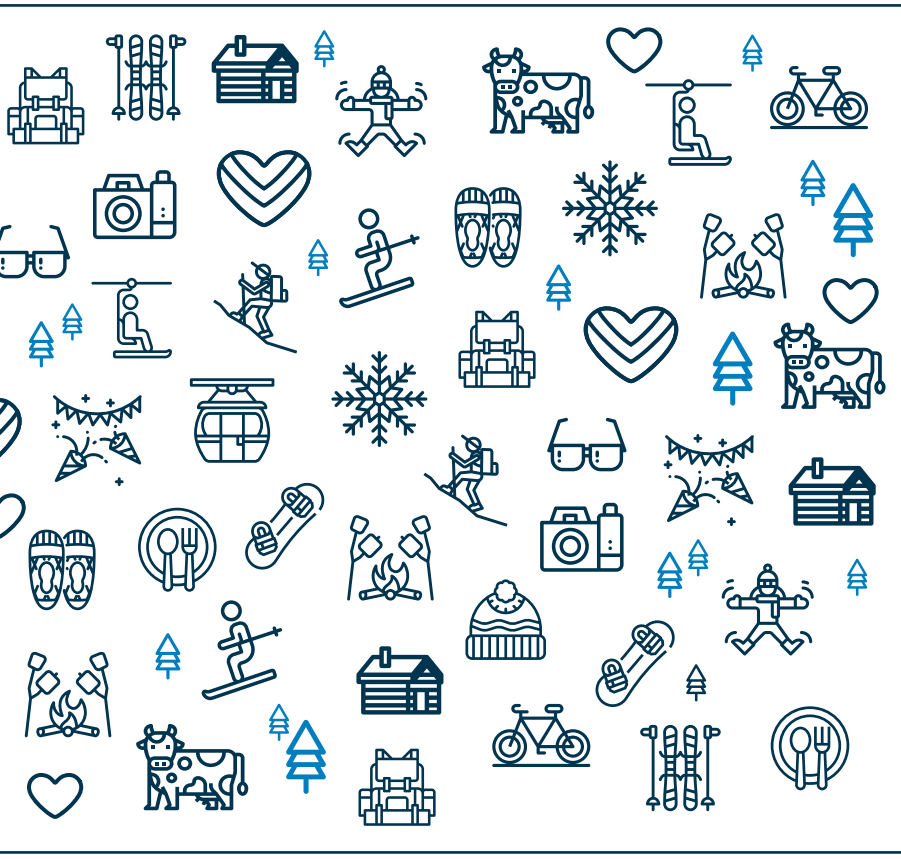
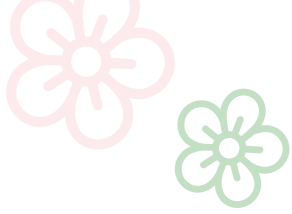
Discover the heritage of the valley
by walking by the village circuit.



BOOK OF GAMES

Help Daisy the cow
to get to her pasture!





x6 

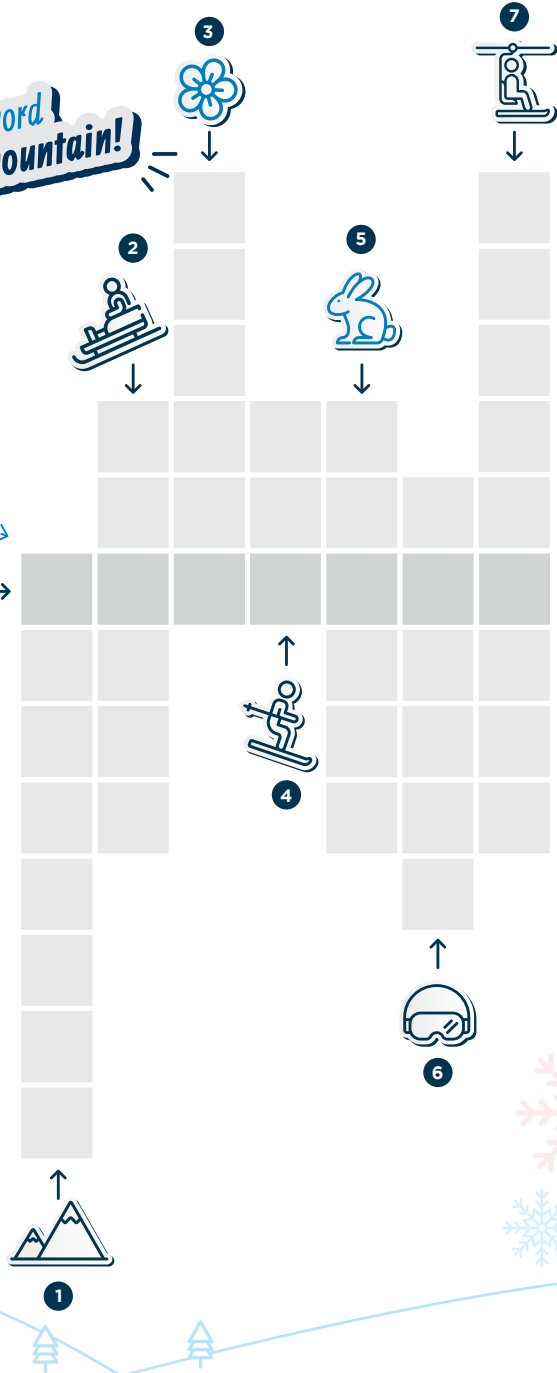
x3 

x3 

x3 



Complete the crossword
on the theme of the mountain!



1. mountain 2. sledge 3. flower 4. ski 5. rabbit 6. helmet 7. chairlift





Local RECIPE

BEAUFORT CROZETS

Preparation time
30 minutes

Cooking time
55 minutes

For 6 people

Ingredients

- ♥ 250 g of crozets,
- ♥ 100 g of Beaufort cheese,
- ♥ 20 cl of stock (pot-au-feu or chicken),
- ♥ 100 g of butter,
- ♥ salt and pepper.

Cook the crozets in boiling salted water for 40 minutes.

Place half of the cooked crozets in the baking dish.

Cover with half of the grated Beaufort cheese and the rest of the crozets.

Carefully melt the butter until it takes on a nice nutty colour.

Pour the butter and stock over the crozets.

Finish by covering with the remaining grated Beaufort cheese and bake for 15 minutes in a hot oven.



The word crozet comes from the Savoyard dialect "croë" which means "small" ... like "small square of dough".



Variation:

Cook the crozets, add diced Beaufort cheese, green salad and the seasoning of your choice, you will obtain the summer version of this traditional dish.







MÉRIBEL

In summer



THE SKI LIFTS

One or more lifts are in operation everyday from 2 July to 26 August.

Méribel Alpina - Méribel

+33 (0)4 79 08 65 32
www.skipass-meribel.com

Méribel -  Tougnète 1

9.30am - 4.30pm
Lift time: 6 minutes

Méribel -  Tougnète 2

9.40am - 4.30pm
Lift time: 5 minutes

S3V - Méribel Mottaret

+33 (0)4 79 00 43 44
www.s3v.com

Méribel Mottaret -  Pas du Lac 1 & 2

9.30am - 4.45pm - Closed Saturdays
Lift time: 12 minutes

Prices: available on request at the Tourist Offices.



Picnic areas, some with barbecue facilities or picnic rooms, are at your disposal across the valley.

Hiking

Méribel allows young and old alike to recharge their batteries and rediscover the mountain.

Thanks to the ski lifts, the mountain is within everyone's reach. A ski pass is offered to children under 5 years old, on presentation of an identity card or a birth certificate; equally their entry to the ice rink and the swimming pool is free.

Mountain bike

There are 3 loops designed specifically for families in the Méribel Bike Area, gentle routes, where you can discover our beautiful valley on more accessible routes, by mountain bike or electrically assisted mountain bike. This is a great way to enjoy family rides through the magical landscapes of Méribel: green loops (Clos Bernard and Cotilles), blue loop (Col de la Loze sprint).



DAY-CARE CENTRES AND CHILDREN'S CLUBS

ÉCOLE DU SKI FRANÇAIS - MÉRIBEL

+33 (0)4 79 08 66 90

+33 (0)4 79 08 60 31

www.esf-meribel.com

Day-care centre - Les Saturnins (18 months - 3 years)

Olympic Park

The day-care centre in the Olympic Park welcomes your children from 18 months of age up to age 3, from Monday to Friday in summer. The experienced team offers them activities adapted to their age, in a safe environment.

To register your child, please complete the booking form and attach a copy of a birth certificate and the vaccination record of the child.

Please note that the number of places is limited, so please book in advance.

Open: from 04/07 to 26/08 from 9am to 5pm.

Prices: available on request.

Les P'tits Loups (3 - 5 years)

Olympic Park

The Children's Club "Les P'tits Loups" offers children the opportunity to discover the mountain environment as well as sporting and cultural activities supervised by a professional and experienced team. All in a manner that respects nature and local community life. Fun activities: aqua slide, bouncy castle, pony riding, adventure park, miniature golf, quad bike, gondola ride, butterfly hunt, show... From Monday to Friday, our full day, half day or weekly packages allow you to leave your children with us so that they can enjoy fun activities whilst you relax worry free.

Recommended equipment: trainers or mountain boots, hat or cap, sunglasses, windbreaker, sun cream, shorts, jogging pants, snack, water bottle. Activities may change depending on the weather, the number of children and the health regulations.

Open: from 04/07 to 26/08 from 9am to 5pm.

Prices: available on request.

Les P'tits Loups (5.5 - 8 years)

Olympic Park

The Children's Club "Les P'tits Loups" offers children the opportunity to discover the mountain environment as well as sporting and cultural activities supervised by a professional and experienced team. All in a manner that respects nature and local community life. Fun activities from Monday to Friday: accro-bungy, aqua slide, picnic, adventure park, water-ball, big-airbag, minigolf, gymkana... From Monday to Friday, our full day, half day or weekly formulas allow you to enjoy a stress free holiday with your children. Recommended equipment: trainers or mountain boots, hat or cap, sunglasses, windbreaker, sun cream, shorts, jogging pants, snack, water bottle. For the swimming pool: a swimming costume and a large towel.

Open: from 04/07 to 26/08 from 9am to 5pm.

Prices: available on request.



*Babysitters list available
at the Tourist Office.*



ACTIVITIES

OUTDOOR

AN Rafting

+33 (0)4 79 09 72 79

www.an-rafting.com

White water

Rafting pioneer in France since 1984. Specialist in white water activities (rafting, hydrospeed and canoraft) on the Haute Isère. Stays, outings with friends or family, stag / hen parties, seminars in the heart of the Tarentaise.

Open: from 01/05 to 30/09 from 8.30am to 7.30pm.

Prices:

Discover descent of gorge

(from 8 years old)from €52

Rafting descent of the whole gorge section

(from 12 years old)from €69

Hydrospeed initiation (from 14 years old) .from €65

Package rafting + hydrospeed

(from 14 years old)from €94

École VTT MCF de Méribel

+33 (0)6 12 11 97 97 - +33 (0)4 79 08 59 90

www.fastridingpeople.com

Outings and courses

Specialists in all forms of cycling, for a technical and fun learning experience in complete safety. Coaching for families, beginners to experts, in groups or privately on the most beautiful trails of the 3 Vallées. descent, enduro, road and electric bikes.

Open: from 02/07 to 28/08.

Prices:

Lift pass included.

Full day:

Without equipment rentalfrom €40

With equipment rentalfrom €120

5 day courses:

Without equipment rentalfrom €499

With equipment rentalfrom €899



A map of all the marked trails in the bike park is available free of charge in the tourist offices.

EM Skate

+33 (0)6 89 65 89 35

emskate73@gmail.com

Electric all terrain scooter

Come and discover the most beautiful paths on an E-fat scoot! On your own or with a guide to enjoy a 100% eco-friendly activity. We propose various offers adapted to your needs.

Open: from 02/07 to 28/08.

Prices:

1 hour outfrom €30

Family pack (min 3 persons).

Golf Club de Méribel

+33 (0)4 79 00 52 67

www.golf-meribel.com

18 hole course

A real 18-hole course in the mountains. Come and play golf in a unique setting with its greens, fairways, water hazards and bunkers. This course will appeal to golf amateurs and professionals alike.

Open: from mid-June to mid-October.

Green Fees:

9 holesfrom €28 to €44

18 holesfrom €48 to €70

2% reduction for under 20 years age.

Méribel Aventure Parcours Accrobranche

+33 (0)6 10 47 12 36

www.meribel-aventure.com

High tree course

Starting from the Bois d'Arbin, 5 circuits of different difficulty set out in the forest with various challenges and zip lines.

Open: from 02/07 to 28/08, everyday

(except Sunday) from 9am to 6pm.

June to September: access upon reservation only.

Prices:

Mini-adventurersfrom €10

1 coursefrom €10

2 coursesfrom €20

3 coursesfrom €24

4 coursesfrom €32



Tennis Méribel - Tennis Aventure

+33 (0)6 98 98 73 86
www.tennisaventure.com

Courses and court rental

Tennis Aventure welcomes you to the heart of the Bois d'Arbin. 10 tennis courts and a club house to refresh yourself. Instruction from 4 years old at all levels (courses and individual lessons). Rental of courts, rackets and balls.

Open: from 02/07 to 28/08, everyday from 9am to 8pm.

Prices:

Course - mini-tennis (4/5 years)
 1 hour of tuition per day.....from €90

Course - kids (6/11 years)
 1,30 hours of tuition per day.....from €140

3 hours of tuition per day.....from €250

Course - teens (12/18 years)
 1,30 hours of tuition per day.....from €140

3 hours of tuition per day.....from €250

Course - multi-activities (6/16 years)
 From Monday to Friday, 3 hours per day from €190

TandemTOP Saulire

+33 (0)4 79 00 45 67
www.tandemtop.com

Paragliding

Enjoy the view of Mont Blanc during the longest and highest flight in the 3 Vallées. The most passionate and successful team in Méribel. You can choose the duration of the flight. Private paragliding lessons: Guide de l'Air.

Open: all year. On reservation.

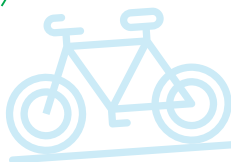
Prices:

Price depending on route chosen and the length of the flight.....from €120 to €210



A hiking booklet is available from the tourist offices.

Key: ☁ Activities for bad weather days



Hikes

Alpine Randonnée

+33 (0)6 23 87 83 40
www.alpinerandonnee.e-monsite.com

Guided and themed hikes

I invite you to share my professional life, my office is the mountain! Hiking for all levels, offering a deep understanding of the mountain environment, the fauna, flora, landscapes and ecosystems of the Vanoise.

Open: from 02/07 to 28/08.

Prices:

Full day.....from €18 child and €30 adult.

1/2 day.....from €10 child and €18 adult.

Bureau des Guides of Méribel

+33 (0)6 43 89 72 91
www.guides-meribel.com

Hikes

Professional mountain guides offer you a themed programme everyday: discovering our natural sites with their unique fauna, flora, lakes... as well as local history, pastoral life and the heritage of our valley.

Open: from 02/07 to 28/08

Prices:

Full day.....from €18 child and €30 adult

1/2 day.....from €10 child and €19 adult

Terres d'Évasion

+33 (0)6 09 40 20 28
www.terresdevasion.com

Themed hikes

Day hikes with different themes on each outing. Discovering a different valley, beautiful panoramas, off the beaten track or a lake in the heart of our mountains.

Open: from 01/06 to 30/11, everyday.

Prices:

Full day.....from €28



ACTIVITIES

Riding centre

The Nordic Ranch

+33 (0)6 19 02 93 33
www.ranchnordique-meribel.com

Riding

Pony rides from 3 years old, multi-activity courses, horse-back rides. Mini-ranch training programme.

Open: from 01/05 to 30/11.

Prices:

Horseback ridingfrom €50

Baby pony€20

Introduction to leading the pony on a reign.....€20

Fun play areas

Play area at La Chaudanne

+33 (0)7 50 29 27 10 - +33 (0)6 26 26 74 69
www.dingoparadise.com

Fun zone

Come and have fun on the bouncy castles and trampolines at La Chaudanne. Run, jump, slide, climb and bounce while parents relax in the chill zone.

Open: from 02/07 to 28/08 from 10am to 7pm.

Weather conditions permitting.

Prices:

15 minutesfrom €3

Week passfrom €60

Bigairbag - Mottaret

+33 (0)6 79 50 32 45

Fun zone

Come and have a blast! With family, friends or even alone, our team welcomes you everyday to sell you fun and only fun! Bouncy castle, big air bag and trampoline.

Prices:

Single pricefrom €3

Carrousel de Méribel



+33 (0)4 79 08 89 12
www.myski.shop/skishop-location-ski-meribel/apres-ski

Children's carousel

Don't leave our lovely resort without taking a ride! Our carousel at La Chaudanne is magnificent with its rocking horses, fire engine and aeroplane, guaranteed to provide memories and great holiday photos. Pancakes, churros and drinks available at the chalet next door.

Open: from 02/07 to 28/08, everyday from 10am to 7pm.

Pumptrack & Ludizone

+33 (0)4 79 08 61 04



Fun zone

A free play area where you can learn or improve your skills: suitable for the first downhill mountain biking sensations on the Ludizone, or to ride and play in the whoops of the pumptrack circuit, without pedalling.

Open: from mid-June to mid-September.

Sportkids

+33 (0)6 60 38 37 39
www.sportkidsmeribel.net

Sporting activities

For more than 20 years, Sportkids Méribel has been offering professionally supervised outdoor sports activities: Kids 8-12 years, Juniors 11-13 years, Teens 14-16 years. One week or one day courses on reservation. So much fun even the local kids beg to do it each year.

Open: from 04/07 to 26/08, from Monday to Friday.

Prices:

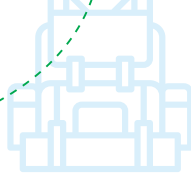
Dayfrom €50

Week coursefrom €220



The resort has many playgrounds.
Ask for a map of the resort to locate them.





Free

The Animal Tracks

Fun zone

Take this easy path near the altiport into the forest and have fun spotting the animals and recognising their calls. This year it has a new look with new games and even more beautiful and realistic animals.

Climbing

Artificial climbing wall (blocks) on the banks of the Doron (Bois d'Arbin)

A bouldering area, 2 boulders for free access or with rope and an 8 m tower above the Bois d'Arbin. Accessible on foot from the Chaudanne or Mottaret.

EVENTS ORGANISERS

Takamaka

+33 (0)4 79 55 39 52
www.tarentaise.takamaka.fr

Groups and seminars

Takamaka Tarentaise: the designer, producer and organiser of your seminars and events, we offer unique and innovative services: escape games, challenges, team building... We have only one goal: the success of your event!

Open: all year.

Animation Services

+33 (0)4 79 22 01 07
www.animationservices.net

Groups and seminars

Organisation of events, parties and celebrations. Atmosphere and decoration to guarantee plenty of emotion.

Open: all year.

Key: Activities for bad weather days

AQUATIC

Olympic Park

+33 (0)4 79 00 80 00
piscine@mairiedesallues.fr



Pool

Indoor swimming pool with a 25 m pool (swimming lane), slide from 6 years old, a paddling pool and an outdoor beach. Family activities, evening events, fitness activities: paddle, aquagym, aquabike, aquapalms, swimming lessons.

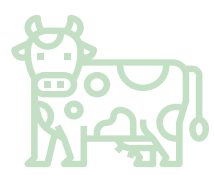
Open: from 02/07 to 28/08, Monday, Tuesday, Thursday and Friday from 10am to 7pm. Wednesday from 10am to 8pm. Saturday and Sunday from 11am to 7pm.

Prices:

Adult (from 18) from €6.50
Child (5 to 17) from €5
Under 5s free.



There are free buses running around the different areas of resort everyday so that you don't need the car.



ACTIVITIES

WELLNESS

Espace Fitness

+33 (0)4 79 04 13 46 - fitness@mairiedesallues.fr

Fitness training

Supervised by a fitness professional. Accessible from the age of 16, the fitness area offers a variety of top-of-the-range cardio and weight training equipment. Whatever your objective, we are here to help you.

Open: from 02/07 to 28/08, everyday from 10am to 2pm and from 4pm to 7pm.

Prices:

Adult€9 Card of 10 entries€60

Massage Magali Yoga MÉRIBEL

+33 (0)6 37 44 38 36

www.sejour-coaching-nature.fr

Yoga and treatments

Life coach, experienced massage therapist at your domicile: zen shiatsu, vibratory treatments and intuitive massage. Comfortable, heated massage table that is fully disinfected between clients. Yoga Voyage sessions by lake Tuéda stimulating the 5 senses, combining yoga and the essence of the forest.

Open: from 02/07 to 28/08.

Prices:

Treatmentsfrom €120
Yoga classesfrom €40

My Spa Pure Altitude

+33 (0)4 79 00 42 30

secretariat.po@mairiedesallues.fr

Treatments and relaxation

My Spa Pure Altitude: 4 treatment rooms including 1 duo room, 1 relaxation room with herbal tea room, 2 saunas, 2 steam rooms, 1 large jacuzzi. Access to the Relaxation Area from 16 years old. Access to the Massage area from 7 years old, accompanied by a parent.

Open: from 02/07 to 28/08, everyday from 2pm to 8pm (clients are asked to leave the treatment and relaxation areas 15 minutes before closing time).

Prices:

Adultfrom €20
Treatmentsfrom €50 for 20 minutes
(1 towel provided by the spa, bathrobe rental €3, external linen not permitted).

INDOOR

Bowling MÉRIBEL

+33 (0)4 79 00 36 44

www.bowlingmeribel.fr

Bowling

Lanes equipped for children from 3 years of age. Billiards, video games, table football, large screens, sports broadcasts. Organisation of theme evenings, birthdays or seminars. Snack bar non-stop.

Open: from 02/07 to 28/08, everyday from 4pm to 1am. Open from 11am in the event of bad weather.

Olympic Park

+33 (0)4 79 00 80 00

secretariat.po@mairiedesallues.fr

Ice rink

Located in the Olympic Park, the ice rink is open to all. Evening events, introduction sessions for families and children with special equipment (limited quantities). Initiations, courses and lessons on reservation. Exhibition hockey matches on Tuesday evenings.

Open: from 02/07 to 28/08, from 4pm to 7pm. (evacuation of the ice 15 minutes before closing time). Potential opening from 3pm on bad weather days.

Prices:

Without skate rental	Free educational and safety equipment
Adults (from 18)€5	(sledges, chairs, helmets) depending on availability (limited quantities).
Child (5-17)€4	
Skate rental€3	
Free for under 5s.	

Bureau des Guides of MÉRIBEL

+33 (0)6 43 89 72 91 - guides.meribel@gmail.com

www.guides-meribel.com

Climbing wall

Open access or lessons with the High Mountain Guides, all levels from age 5. Lessons of 1 to 2 hours depending on level. Registration and booking at the tourist office in MÉRIBEL Centre.

Open: from 02/07 to 28/08, everyday from 5.30pm to 7pm.



CULTURE

Les Allues library ☺

+33 (0)4 79 00 59 08
terredesallues@wanadoo.fr

Read there or borrow

17,500 works of which some are in English.

Open: from 02/07 to 28/08, every Monday, Wednesday and Friday from 3pm to 7.30pm. Exceptionally closed on 14 July and 15 August. From mid-September to mid-December open Wednesdays and Fridays from 3pm to 7.30pm.

Prices:
Season subscription €10
Annual subscription €20
Free consultation of publication at the premises.

**Cinema
Méribel-Mottaret** ☺

+33 (0)4 79 55 43 15
www.cinemameribel.fr

Next to the tourist office in Méribel Mottaret.

Open: from 02/07 to 28/08, everyday.
Prices:
Adult from €8 Child from €4

Cinema - Méribel ☺

+33 (0)6 70 72 23 46
www.cinemameribel.fr

Auditorium, next to the tourist office in Méribel.

Open: from 02/07 to 28/08, everyday.
Prices:
Adult from €8 Child from €4



*Find the programme in the what's on guide,
the Coups de coeur de Méribel and on meribel.net!*

Key: ☺ Activities for bad weather days



Museum of les Allues ☺

+33 (0)4 79 00 59 08
terredesallues@wanadoo.fr

Culturel heritage Free

Located in the Bonnevie house, opposite the church, this museum presents the history and traditions of the inhabitants of the Allues valley: traditional dwellings, tools and techniques; local history and archives.

Open: Mondays and Thursdays from 2pm to 6.30pm.

**Saw mill and water mill
of Raffort**

+33 (0)4 79 00 59 08
terredesallues@wanadoo.fr

Culturel heritage Free

On the road between les Allues and Méribel, in the village of Raffort, close to the car park of the "Martagon" restaurant you can visit the recently restored saw mill and water mill. Only the outside is accessible on a free visit.

Open: Exterior visit all year at any time. Taking the walking path you can visit other mills of the valley, including that of la Gittaz which is open all year.



Practical INFO



EMERGENCY SERVICES

Fire brigade

Méribel - La Chaudanne

18 | csmmeribel@sdis73.fr

Emergency call 18 or 112 from a mobile.

Open: all year.

Ambulance

15

In emergency call 15.

Open: all year.

Police Municipale

Méribel - La Chaudanne

+33 (0)4 79 00 58 92

police@mairiedesallues.fr

Open: everyday, from 9.30am to 12 noon and 3pm to 6pm.

HOSPITAL

Mouïtiers hospital

+33 (0)4 79 09 60 60

Open: all year.

NURSES

Nurses office

Méribel - Les Allues

+33 (0)6 59 45 41 69

infirmierebrideslesbains@gmail.com

DOCTORS

Medical centre - Altitude 1600

Méribel - Morel/1600

+33 (0)4 79 08 65 40

thierry.vabre@wanadoo.fr

GP, in contact with ambulance, member of the association of Mountain Traumatology and Radiographers.

Open:

☄ From 04/12 to 24/04 from 9am to 7pm. On week-ends and bank holidays from 10am to 6pm.

☀ From 01/07 to 31/08 from 9am to 12 noon and 3.30pm to 7pm. Week-end depending on rotation of duty doctor.

Medical and rehabilitation Centre of the Olympic Park

Méribel - La Chaudanne

+33 (0)4 79 08 60 41

medecins.parc_olympique@orange.fr

Members of the French mountain doctors' federation. GP, traumatologists and radiologists. Dr Jean-René Mabboux, Patrick Schamasch and Jean-Christophe Journoud.

Open:

☄ From 04/12 to 24/04 from 9.30am to 6.30pm. Without appointment.

☀ From 01/07 to 31/08 from 9.30am to 12.30pm and from 4pm to 6pm. Saturday afternoon and Sunday according to rotation of duty doctor

Méribel Mottaret Medical Centre

Méribel Mottaret - Ruitor Commercial Centre

+33 (0)4 79 00 40 88

centremedicalmottaret@orange.fr

Dr Mabboux GP and traumatologist.

Open:

☄ From 04/12 to 24/04 from 9.30am to 6.30pm. Without appointment.

☀ From 01/07 to 31/08 from 9.30am to 12.30pm and from 4 to 6pm. Saturday afternoon and Sunday according to rotation of duty doctor





PHARMACIES

Mottaret Pharmacy

Méribel Mottaret - Ruitor
Commercial Centre

+33 (0)4 79 00 43 70

pharmacie.mottaret@gmail.com

Open:

❄ From 04/12 to 24/04,
Monday, Tuesday, Wednesday,
Thursday, Friday and Saturday
from 10am to 12 noon
and from 2pm to 6pm.
Sunday from 10am 12 noon.

☀ From 08/07 to 31/08
from 9am to 12 noon
and from 4pm to 7pm.
Sunday from 10am to 12 noon.

Méribel Pharmacy

Méribel - Centre

+33 (0)4 79 08 63 59

pharmaciedemeribel@gmail.com

Open:

❄ From 04/12 to 17/12 everyday
from 9.30am to 12.30
and from 5pm to 7pm.
From 18/12 to 09/01 everyday
from 8.30am to 12.30
and from 2pm to 7pm.
From 10/01 to 20/03
everyday from 8.30am
to 12.30 and from 2.30pm
to 7pm.

From 20/03 to 24/04
everyday from 9am to 12pm
and from 3pm to 7pm.

☀ From 02/07 to 28/08
everyday from 9.30am to
12.30 and from 4pm to 7pm.

Les Allues

- Play area near the church

+33 (0)4 79 08 98 20

Open: all year.

Chalet Nordique

- Altiport near the
restaurant Le Blanchot

+33 (0)4 79 08 98 20

Open: all year.

Tourist Office

- Méribel Centre

+33 (0)4 79 08 60 01

info@meribel.net

Open:

❄ From: 04/12 to 24/04
from Monday to Friday
from 9am to 6.30pm,
Saturday and Sunday
from 9am to 7pm.

☀ From: 27/06 to 28/08.
Everyday from 9am to
12.30pm and from 3pm to
6.30pm.

Inter-season: from Monday to
Friday from 9am to 12pm and
from 2pm to 5pm (closed on
bank holidays).



All of the public toilets have a coin
change machine (except for the
Rhodos car park toilets).

PUBLIC TOILETS

Tourist Office - Mottaret

+33 (0)4 79 08 98 20

Open:

❄ From 04/12 to 24/04 from
Monday to Friday from 9am
to 6.30pm, Saturday and
Sunday from 9am to 7pm.

☀ From 27/06 to 28/08
everyday from 9am to
12.30pm
and from 3pm to 6.30pm.

Lake Tuéda

+33 (0)4 79 08 98 20

Open: all year.

Maison de la réserve - Tuéda

+33 (0)4 79 08 98 20

Open: all year.

Mottaret Le Hameau

+33 (0)4 79 08 98 20

Open: all year.

Rhodos car park

+33 (0)4 79 08 98 20

Open: all year.

Rond Point

+33 (0)4 79 08 98 20

Open: all year.



SPORTS SHOPS

	Contact					
MÉRIBEL - LA CHAUDANNE						
Chaudanne Sport - Rossignol	+33 (0)4 79 08 89 12	♥	♥	♥	♥	♥
Eskale - Exclusive Skishop	+33 (0)4 79 41 69 50	♥	♥	♥	♥	♥
Prosneige Shop	+33 (0)4 79 01 07 00		♥	♥	♥	♥
MÉRIBEL - CENTRE						
Intersport - Les Glaciers - Méribel Centre	+33 (0)4 79 00 37 12	♥	♥	♥	♥	♥
Méribel Ski Service	+33 (0)4 79 08 56 80		♥	♥	♥	♥
Précision Ski Méribel Centre	+33 (0)4 79 04 12 43	♥	♥	♥	♥	♥
Skiset l'Hévana	+33 (0)4 79 07 26 97	♥	♥	♥	♥	♥
Sport Boutique - Skiset - Centre	+33 (0)4 79 08 63 00	♥	♥	♥	♥	♥
MÉRIBEL - MOREL 1600						
Chamois Sports	+33 (0)4 79 08 60 57	♥	♥	♥	♥	♥
Sports 1600	+33 (0)4 79 08 51 45		♥	♥	♥	♥

Key:



Snowshoes



Sledges



Cross country skis



Snowboards



Helmets



Mountain bikes





				Holiday vouchers	Opening
✓	✓	✓			☃️☀️
		✓			☃️
		✓			☃️☀️
✓	✓	✓		✓	☃️☀️
					☃️
					☃️☀️
					☃️
✓	✓	✓		✓	☃️☀️
			✓		☃️
✓	✓	✓		✓	☃️☀️



Top tips

You can find skis for sale or rent at all of our locals sports shops!

SPORTS SHOPS

	Contact					
MÉRIBEL - LE PLATEAU						
Alp'sports Méribel depuis 1975	+33 (0)4 79 08 52 86	♥	♥	♥	♥	♥
Sport Boutique - SkiSet - Le Plateau	+33 (0)4 79 08 61 84	♥	♥	♥	♥	♥
MÉRIBEL - ROND POINT						
Olympic Sport / Go Sport	+33 (0)4 79 08 56 89	♥	♥	♥	♥	♥
MÉRIBEL - ALTIPOINT						
Altistore	+33 (0)4 79 08 50 68	♥	♥	♥	♥	♥
MÉRIBEL MOTTARET - CENTRE						
Intersport - Le Plein Soleil - Mottaret	+33 (0)4 79 24 08 56	♥	♥	♥	♥	♥
MÉRIBEL MOTTARET - LAITELET - LE HAMEAU						
Intersport - Le Creux de l'Ours - Le Hameau	+33 (0)4 79 00 42 82	♥	♥	♥	♥	♥
MÉRIBEL MOTTARET - CHÂTELET						
Intersport - Le Châtelet	+33 (0)4 79 00 45 91	♥	♥	♥	♥	♥

Key:



Snowshoes



Sledges



Cross country skis



Snowboards







Helmets

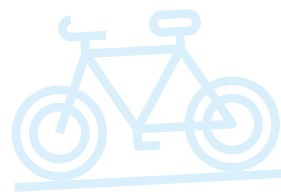


Mountain bikes





				Holiday vouchers	Opening
					❄️
					❄️
⌵	⌵		⌵	⌵	❄️☀️
		⌵			❄️☀️
		⌵			❄️
		⌵			❄️
⌵	⌵	⌵		⌵	❄️☀️



Top tips

You are strongly advised to wear a helmet for skiing and biking!



RESTAURANTS

Contact



LES ALLUES

Table de la Traye	+33 (0)4 58 24 04 04	✓	✓		✓	✓	
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MÉRIBEL - LA CHAUDANNE

Brasserie Le 80	+33 (0)4 79 41 69 79	✓	✓		✓	✓	
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Jacks	+33 (0)4 79 00 44 26	✓	✓		✓		
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La Grange	+33 (0)4 79 08 53 19	✓	✓				
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L'Ekryn	+33 (0)4 79 41 69 35	✓	✓		✓		
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Premières loges	+33 (0)4 79 06 60 89	✓	✓				
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MÉRIBEL - CENTRE

Coursive des Alpes	+33 (0)4 79 06 44 97	✓	✓	✓	✓		
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Crêperie La Galette	+33 (0)4 79 08 53 90	✓	✓				
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Pizzeria-Restaurant L'Igloo	+33 (0)4 79 08 07 84	✓	✓		✓		
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Restaurant du Grand Cœur	+33 (0)4 79 08 60 03	✓	✓		✓		
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Restaurant Eliova Le Genepi	+33 (0)4 79 08 61 66	✓	✓		✓		
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Resto du Savoy	+33 (0)4 79 55 55 50	✓	✓		✓	✓	
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MÉRIBEL - LE PLATEAU

CroMagnon	+33 (0)4 79 00 57 38	✓	✓		✓		
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Le Cèpe	+33 (0)4 79 22 46 08	✓	✓			✓	
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MÉRIBEL - ROND POINT

Cookie's Club	+33 (0)4 79 08 60 26	✓	✓		✓		
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L'Adray Telebar	+33 (0)4 79 08 60 26	✓	✓			✓	
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Restaurant de l'Hôtel le Mérilys	+33 (0)4 79 08 69 00	✓	✓		✓		
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Key:



Kids Menu



High chairs



Changing tables



Indoor play areas



Games





Wifi

Holiday vouchers

Opening

Activities

	♥		❄️ ☀️	Petting farm
	♥		❄️ ☀️	
	♥		❄️ ☀️	
	♥		❄️ ☀️	
	♥		❄️	
			❄️ ☀️	
		♥	❄️ ☀️	
	♥		❄️ ☀️	
	♥		❄️	
	♥		❄️	
	♥		❄️ ☀️	
	♥		❄️ ☀️	
			❄️	Pool table, baby-foot
			❄️	Pool table, baby-foot, spa
	♥		❄️ ☀️	Pool table, baby-foot



Play parks



Winter



Summer



LES RESTAURANTS

Contact



MÉRIBEL - BELVÉDÈRE

Beef Bar	+33 (0)4 57 58 37 30	♥	♥		♥		
Biancaneve	+33 (0)4 57 58 37 31	♥	♥		♥		
Restaurant Allodis	+33 (0)4 79 00 56 00	♥	♥		♥	♥	

MÉRIBEL - ALTIPOINT

Blanchot	+33 (0)4 79 00 55 78	♥	♥	♥	♥	♥	
Clos Bernard	+33 (0)4 79 00 00 07	♥	♥		♥		

MÉRIBEL - VERSANT SAULIRE

Folie Douce Méribel-Courchevel	+33 (0)4 79 00 58 31	♥	♥		♥		
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MÉRIBEL MOTTARET - CENTRE

Table du Ruitor	+33 (0)4 79 00 48 48	♥	♥		♥		
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MÉRIBEL MOTTARET - LAITELET

Café del Mott	+33 (0)4 79 65 08 41	♥	♥		♥		
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MÉRIBEL MOTTARET - CHÂTELET

La Brizolée	+33 (0)4 79 00 46 70	♥	♥		♥		
Rastro	+33 (0)4 79 00 41 51	♥	♥	♥			♥

MÉRIBEL MOTTARET - VERSANT SAULIRE

Côte 2000	+33 (0)4 79 00 55 40	♥	♥		♥		
Pierres Plates	+33 (0)4 79 00 42 38	♥	♥		♥		

MÉRIBEL MOTTARET - VERSANT MONT VALLON

Plan des Mains	+33 (0)4 79 07 31 06	♥	♥		♥		
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Key:



Kids Menu



High chairs



Changing tables



Indoor play areas



Games





Wifi

Holiday vouchers

Opening

Activities

	♥			
	♥		❄	
	♥		❄	
♥	♥		❄ ❄	
	♥		❄ ❄	Petting farm
	♥		❄	
	♥		❄	
			❄	
	♥	♥	❄ ❄	
	♥	♥	❄ ❄	
			❄	
			❄ ❄	Orientation table
♥	♥			Solarium, gallery



Play parks



Winter



Summer



HOTELS



MÉRIBEL - LA CHAUDANNE

La Chaudanne	+33 (0)4 79 08 61 76	✓	✓	✓	✓	✓	✓		
L'Eterlou	+33 (0)4 79 08 89 00	✓	✓					✓	
Le Kaïla	+33 (0)4 79 41 69 20	✓	✓	✓	✓	✓	✓	✓	
Le Tremplin	+33 (0)4 79 08 89 17							✓	

MÉRIBEL - CENTRE

Eliova le Génépi	+33 (0)4 79 08 61 66	✓	✓	✓	✓	✓	✓		
Le Grand Cœur & Spa	+33 (0)4 79 08 60 03	✓	✓	✓	✓	✓	✓	✓	
Le Savoy	+33 (0)4 79 55 55 50	✓	✓	✓		✓	✓	✓	

MÉRIBEL - ROND POINT

Hôtel & Lodges Adray-Télébar	+33 (0)4 79 08 60 26	✓	✓	✓	✓			✓	
Le Mérilys	+33 (0)4 79 08 69 00			✓				✓	

MÉRIBEL - BELVÉDÈRE

Allodis & Spa des Neiges by Clarins	+33 (0)4 79 00 56 00	✓	✓	✓	✓			✓	✓
Le Coucou Méribel	+33 (0)4 57 58 37 37							✓	

MÉRIBEL MOTTARET - CENTRE

Alpen Ruitor	+33 (0)4 79 00 48 48	✓	✓	✓	✓	✓	✓		
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MÉRIBEL MOTTARET - LE LAITELET

Le Mottaret	+33 (0)4 79 00 47 47	✓							✓
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Key:



Child's bed



Bottle heater



High chairs



Changing tables



Bath





Opening

Services +

		Bar, Fitness area, Garage, Spa area, Swimming pool, Restaurant, Pay garage, Indoor swimming pool, Electric car charging points
		Bicycle or mountain bike shelter, Television room, Solarium, Bar, Reception room, Billiards, Garage, Spa area, Swimming pool, Restaurant, Parking nearby, Private garage, Heated swimming pool, Outdoor swimming pool
		Bar, Fitness area, Garage, Spa area, Swimming pool, Restaurant, Pay garage, Indoor swimming pool, Electric car charging stations
		Bar, Parking, Spa area, Swimming pool, Restaurant, Private parking, Outdoor swimming pool
		Bar, Terrace, Restaurant, Entertainment room
		Bar, Terrace, Library, Car park, Fitness area, Garage, Spa area, Restaurant, Private car park, Pay garage, Private garage
		Bar, Library, Garage, Spa area, Restaurant, Pay garage
		Bar, Terrace, Restaurant
		Bar, Pool table, Fitness area, Spa area, Restaurant, Table football
		Bicycle or mountain bike shelter, Sports room, Bar, Terrace, Library, Parking, Fitness area, Garage, Spa area, Piano bar, Swimming pool, Restaurant, Nearby parking, Pay parking, Private garage, Heated swimming pool, Indoor swimming pool
		Bar, Terrace, Parking, Fitness area, Spa area, Swimming pool, Restaurant, Pay parking
		Bar, Terrace, Garage, Spa area, Restaurant, Pay garage, Private garage, Table football
		Fitness room, Bar, Terrace, Barbecue, Billiards, Spa area, Swimming pool, Restaurant, Parking nearby, Indoor swimming pool



Indoor play areas



Games



Play parks



Winter



Summer



OTHER ACCOMMODATION

Contact



LES ALLUES

Refuge du Christ

+33 (0)6 95 73 20 90

MÉRIBEL - VERSANT TOUGNÈTE

Refuge de la Traye

+33 (0)4 58 24 04 04

MÉRIBEL - VILLAGE

Résidence Pierre & Vacances
- Les Fermes de Méribel

+33 (0)4 79 01 32 00



MÉRIBEL - CENTRE

Résidence Pierre & Vacances - L'Hévana

+33 (0)4 58 83 01 10



Résidence Pierre & Vacances
- Les Ravines

+33 (0)4 79 00 53 31



Résidence Pierre & Vacances Le Peillon

+33 (0)4 79 00 54 39

MÉRIBEL MOTTARET - CENTRE

Résidence Pierre et Vacances
Les Bleuets

+33 (0)4 79 01 38 38

MÉRIBEL MOTTARET - CHÂTELET

Résidence Pierre & Vacances - Les Crêts

+33 (0)4 79 22 48 48



MÉRIBEL MOTTARET - LE HAMEAU

Résidence ODALYS VACANCES
Le Hameau du Mottaret

+33 (0)4 79 00 46 46



Key:



Child's bed



Bottle heater



High chairs



Changing tables



Bath





Opening Services +

			❄️ ☀️
		📺	❄️ ☀️
	📺	📺	❄️ ☀️
	📺	📺	❄️ ☀️
			❄️ ☀️
	📺	📺	❄️ ☀️
			❄️ ☀️
	📺	📺	❄️ ☀️
			❄️ ☀️
	📺		❄️ ☀️

Picnic room, Bar, Terrace, Car park, Spa area, Closed storage area, Restaurant, Raclette machine, Fondue machine, Shaded terrace, Electric bike storage

Bicycle or mountain bike shelter, Sports room, Garden furniture, Library, Billiards, Laundry, Parking, Fitness area, Spa area, Adjoining tenant, Adjoining owner, Swimming pool, Covered car park, Paid car park, Nearby car park, Heated swimming pool, Covered swimming pool, Raclette machine, Fondue machine, Loan of games

Bicycle or mountain bike shelter, Sports room, Bar, Billiards, Laundry, Parking, Fitness area, Spa area, Swimming pool, Paid parking, Heated pool, Indoor pool, Raclette machine

Bicycle or mountain bike shelter, Billiards, Laundry, Nearby car park, Raclette machine, Fondue machine

Parking, Swimming pool, Covered car park, Private car park, Heated pool, Outdoor pool

Bicycle or mountain bike shelter, TV room, Terrace, Billiards, Laundry, Swimming pool, Public swimming pool, Outdoor swimming pool, Raclette machine, Fondue machine

Library, Billiards, Laundry, Parking, Covered car park, Paid car park, Nearby car park, Raclette machine, Fondue machine

Billiards, Boulodrome / Petanque area, Laundry, Car park, Pay car park, Table tennis



Indoor play areas



Games



Play parks



Winter



Summer



OTHER ACCOMMODATION

Contact



LES ALLUES

Chalet La Fée des Neiges

+33 (0)6 01 77 58 46



Chalet La Marmottière

+33 (0)6 09 99 26 30



MÉRIBEL - MUSSILLON

Chalet La Ferme de Mon Grand-Père

+33 (0)6 20 55 46 74



MÉRIBEL - LA CHAUDANNE

Appartement Les Cornettines

+33 (0)6 11 62 18 72



MÉRIBEL - MOREL/1600

Appartement Les Fougères - 1st floor

+33 (0)4 79 08 62 68



Appartement Les Fougères - 2nd floor

+33 (0)4 79 08 62 68



Appartement Les Triolets - Ground floor

+33 (0)4 79 08 62 68



Chalet de Morel

+33 (0)4 79 00 69 77



MÉRIBEL MOTTARET - LAITELET

Appartement n° 1 dans Chalet Antarès

+33 (0)6 07 89 15 21



Appartement n°11 dans Chalet Antarès

+33 (0)6 07 89 15 21



MÉRIBEL MOTTARET - CHATELET

Chalet Nimisa

nimisa.ski@gmail.com



Key:



Child's bed



Bottle heater



High chairs



Changing tables



Bath





Opening Equipment

✓	✓	☄ ☀	Nearby owner, Bicycle or mountain bike shelter, Living room, Garden furniture, Solarium, Enclosed land, Terrace, Car shelter, Barbecue, Parking, Separate entrance, Separate dwelling, Garden, Closed equipment room, Park, Covered carpark, Private parking, Independent garden, Raclette machine, Fondue machine
✓		☄ ☀	Nearby owner, Living room, Garden furniture, TV room, Terrace, Barbecue, Library, Self-contained accommodation, Parking nearby, Raclette machine, Fondue set
✓	✓	☄ ☀	Lift, Living room, Garden furniture, TV room, Solarium, Enclosed land, Terrace, Barbecue, Library, Billiards, Laundry, Whirlpool, Car park, Fitness area, Separate entrance, Separate dwelling, Spa area, Swimming pool, Bungalow, Raclette machine, Fondue machine, Table football
	✓	☄	Parking, Covered parking, Parking nearby, Raclette machine, Fondue machine
✓		☄ ☀	Nearby owner, Bicycle or mountain bike shelter, Garden furniture, Terrace, Barbecue, Shared courtyard, Parking, Detached entrance, Garage, Garden, Paying garage, Raclette machine, Fondue machine
✓		☄ ☀	Nearby owner, Bicycle or mountain bike shelter, Barbecue, Shared courtyard, Parking, Detached entrance, Garage, Garden, Private parking, Pay garage, Raclette machine, Fondue machine
✓		☄ ☀	Bicycle or mountain bike shelter, Garden furniture, Barbecue, Communal courtyard, Parking, Detached entrance, Garage, Garden, Semi-detached, Private parking, Pay garage, Communal garden, Raclette machine, Fondue machine
✓	✓	☄ ☀	Bicycle or mountain bike shelter, Garden furniture, Terrace, Parking, Spa area, Garden, Closed equipment room, Private parking, Electric bike charging station
		☄ ☀	Terrace
		☄ ☀	
	✓	☄ ☀	



Indoor play areas



Games



Play parks



Winter



Summer



ANY PATH.
YOUR WAY.



X-ULTRA 4 GTX



salomon

TIME TO PLAY